

60 Years of Making Hearts Beat

2013-2014 Annual Report
Montreal Heart Institute
And Montreal Heart Institute Foundation



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Founded in 1954 by Dr. Paul David, the Montreal Heart Institute (MHI) is celebrating its 60th anniversary in 2014. This commemorative year is an opportunity to recognize the remarkable achievements that have made the MHI one of the world's leading cardiology centres—a reputation it has earned from the high quality of not only its patient care but also its research, prevention and teaching activities. With solid roots in Montréal and an international reputation, the MHI has spent the past 60 years bringing together passionate experts who push the boundaries of medicine to provide exceptional ultraspecialized care to Quebecers.

Its values are founded on respect for patients and their families and concern for their quality of life, the recognition of human resources, sound management, the constant search for excellence and innovation, the protection of public health, an openness to the community and the health care network, as well as transparency and patients' informed consent.

Since 1977, the Montreal Heart Institute Foundation has collected and administered funds to support research, care, prevention and teaching at the Institute. The Foundation therefore has a hand in the excellence of a world-class institution that serves the Quebec community.

Through its values and commitment, the Foundation contributes to the innovative approach and lasting future of the Montreal Heart Institute. It places value on involvement, integrity, listening and respect to obtain conclusive and effective results, all while responsibly, honestly, transparently and soundly managing the funds entrusted to it. The Foundation relies on the valuable contribution of many volunteers to continually surpass its goals.

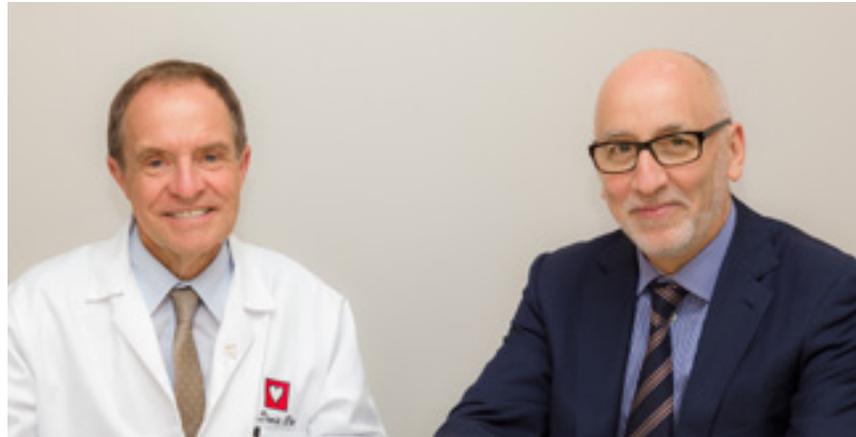
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Message from the Chair of the Board and the Executive Director of the Montreal Heart Institute

In 2014, the Montreal Heart Institute turned 60. To launch the festivities and mark a year of well-deserved celebrations, the MHI held a gala in December 2013 that was attended by an unprecedented 1,300 staff members. This event was an amazing demonstration of the commitment of MHI doctors and employees to this institution they have helped grow and of the Quebec community's dedication to an institution that has been a source of pride for 60 years.

This year has given us an opportunity to celebrate in a manner befitting our incredible 60-year legacy. Revisiting these past six decades, even briefly, has let us take stock once again of the Institute's incredibly rich history. There are so many great achievements that deserve acknowledgement, such as everything left to us by MHI Founder Dr. Paul David along with the contribution of thousands of people who, in turn, have taken up the cause to ensure that Quebec patients receive the best cardiology care and ensure that the Montreal Heart Institute remains one of the best research centres in the world. Our first event celebrated the 30-year anniversary of the Montreal Heart Institute's Heart Transplant Program, which has helped 418 transplant patients. Some of these patients had the chance to rub shoulders with the doctors who pioneered early and cutting-edge transplantation procedures.



Over the past 60 years, the MHI has broken many records and continues its tireless drive to innovate. Today, it is the largest cardiology treatment centre in Canada and a leader at the head of international research networks that has made an exemplary contribution to improving cardiology practices. Yet another success is the ÉPIC Centre, which is now the largest prevention and rehabilitation centre in North America.

To honour this success, prominent Quebec personalities from all backgrounds joined forces for an exceptional recognition campaign that paid tribute to the MHI with the theme "Parce qu'on vous aime en vie." We owe them a debt of gratitude, as this unprecedented initiative had a single goal: help the general public get to know the MHI and take pride in the collective wealth that it represents.

And, in keeping with tradition, the past year was once again marked by innovation and performance. Again, the MHI did everything it could to serve the patients and the community better, and just a few facts give a good idea of the work done to achieve this goal. For example, the number of procedures at the MHI increased, particularly in the sectors of heart surgery, hemodynamics and electrophysiology.

These results would have been impossible without the dedication and expertise of our teams, who constantly work to improve their performance. Our numbers also testify to the MHI's clear desire to uphold employee well-being and show that our work in this area is paying off, as we saw a clear reduction in disability insurance hours.

Another vital ingredient is our financial resources. Like many other institutions, the MHI had to deal with a difficult financial situation yet again this year. To face this challenge and show a desire to responsibly manage the funds it receives, the MHI implemented two optimization plans that helped us meet the target requested by the Agence de la santé et des services sociaux de Montréal.

In 2013, the MHI also found new ways to detect and treat cardiovascular disease. Its brand-new Philippa and Marvin Carsley Cardiovascular Magnetic Resonance Centre, which bears the name of our loyal donors, represents a major asset for the future. While demonstrating a constant concern to make the most of our resources, the MHI made a clear choice again this year to look to the future. This is why we launched a new and completely modernized website. Now with a blog and interactive maps, the whole site was redesigned around patient needs to make the browsing experience both easy and informative.

In research, the MHI did not rest on its laurels. Its leadership was once again highlighted with the launch of the ARTERIA project. This large-scale program that the MHI will pilot will need funding of \$49.2 million, including \$18.2 million from the Government of Quebec and \$31 million from the biopharmaceutical sector. The goal of the program is ambitious: transform medical practices to provide patients with medical care that is even more personalized, all while helping the health care system achieve substantial savings.

Thank you to all of these doctors, nurses, health care professionals and fellows, non-medical staff, managers, volunteers, the Foundation team and our valuable partners, Université de Montréal (to which the MHI is affiliated), the Agence de la santé et des services sociaux de Montréal, and the ministère de la Santé et des Services sociaux, not to mention our donors, without whom the MHI would not have the remarkable international reputation it enjoys today.



Chair of the Board of Directors
Pierre Anctil



Executive Director
Dr. Denis Roy

Message from Chair of the Board and the Executive Director of the Montreal Heart Institute Foundation

Cardiovascular disease is by far the number one killer in the world. This is why the Montreal Heart Institute Foundation is essential, now more than ever. In the coming years, the Institute will rely on the support of the Foundation and its donors to continue providing high-quality care that makes a real difference in patients' lives.

The Institute has identified four major themes that will let it maintain its international leadership and that require the Foundation's support: cardiovascular imaging, cardiovascular genetics, prevention, and the modernization of care. By investing in these areas, the Institute's team of specialists can deliver on its promise to better predict, prevent and treat cardiovascular disease.

To commemorate this special year—and shed full light on the direct impact of the Foundation's donations on the Montreal Heart Institute's activities—we decided to produce a joint annual report, which outlines the major accomplishments in the past twelve months in the Institute's four missions of care, prevention, research and teaching.

Over the years, the Foundation has given \$190 million to the Montreal Heart Institute to help it uphold its position of excellence. These funds come from donations from the public, events, funding projects, major campaigns, and revenues from the endowment fund.

During the 2013-2014 fiscal year, the Foundation's combined activities raised \$27.5 million. More than 30,000 donors worked together to keep the heart of the Montreal Heart Institute beating and inspire its specialists, professionals and researchers who show their dedication, day in and day out.

The net amounts raised this year represent an increase of 31% over last year's results, thanks in particular to investment revenues along with the ever-growing generosity of our donors. The Foundation is recognized and respected by donors because of its strong reputation. We diligently manage all money raised and ensure that administrative costs are kept as low as possible. In fact, the Foundation's administrative expenses represent 6.5% of total gross revenues. When added together, all of the Foundation's expenses, including fundraising expenses, represent 17% of total gross revenues.

The Montreal Heart Institute Foundation exists first and foremost because of its generous donors and partners as well as its dedicated volunteers. The Foundation's team relies on the help of over 100 volunteers who mainly canvas for donations, 54 volunteer Board members who sit on the different expert committees, and 17 permanent and temporary employees. Each and every one of you gives generously of yourself so that we can help keep hearts beating, and for that we are truly grateful. Thank you.



Henri-Paul Rousseau
Chair of the Board of Directors



Mélanie La Couture
Executive Director



60 Years of Serving People

The Montreal Heart Institute at a Glance

The Montreal Heart Institute is:

- More than **2,019** employees, including **554** nurses and **74** regular researchers
- **229** physicians, including **50** cardiologists, **12** cardiac surgeons and **11** anesthesiologists
- Over **680 students**, interns, residents and fellows in cardiology-related fields
- **153** beds, including **21** in coronary care, **21** in medical intensive care and **24** in surgical intensive care
- Highly specialized care
- The largest centre for preventive medicine in North America
- The leading teaching hospital for cardiovascular disease in Quebec
- A world-renowned research centre

Annual activities:

- **1,923** surgical procedures, including **1,745** major heart surgeries (coronary bypasses, valvular surgeries and heart transplants)
- **6,445** hemodynamic procedures
- **2,297** electrophysiology procedures
- **7,525** hospital admissions
- **17,405** visits to emergency
- **32,639** visits to the anticoagulant clinic
- **56,103** visits to outpatient and specialized clinics

The Montreal Heart Institute Foundation:

- **\$14.2 MILLION** allocated to the Institute in 2013-2014 specifically for care, research, prevention and teaching



In the centre, Dr. Paul David, founder of the Montreal Heart Institute.

60 Years of Serving People Our Clients at a Glance

Where our hospitalized patients come from:

30% from the Island of Montréal

70% from outside of Montréal

66 years: average age of our patients

Types of procedures:

1,504 patients received bioabsorbable drug-eluting stents

595 patients received standard stents

787 patients had valvular heart surgery

840 patients had a coronary bypass

617 patients had an ablation (simple or complex)

617 received a pacemaker

434 received a defibrillator



60 Years of Achievement

The Montreal Heart Institute is celebrating its 60th anniversary in 2014. This commemorative year is an opportunity to recognize the remarkable achievements that have made the MHI one of the world's leading cardiology centres—a reputation it has earned from the high quality of not only its patient care but also its research, prevention and teaching activities.



60 Years of Achievement

The Montreal Heart Institute honours its builders



On March 25, as part of its 60th anniversary celebrations, the Montreal Heart Institute honoured three of its builders: internationally renowned cardiologists Dr. Paul David (MHI founder) and Dr. Martial Bourassa (first director of the Research Centre) as well as philanthropist Mr. J.-Louis Lévesque. This event was held at Maison Birks, partner of the MHI's 60th anniversary celebrations.



Maison Birks, official partner of the Montreal Heart Institute's 60th anniversary celebrations.

"Parce qu'on vous aime en vie!"

Prominent figures joined forces for a recognition campaign that paid tribute to the Montreal Heart Institute.

A number of leading Quebec personalities joined together for an advertising campaign showcasing the MHI and its extensive expertise with the theme "Parce qu'on vous aime en vie!" The people who expressed their passion for the Montreal Heart Institute included celebrities and business people, such as Jean Rizzuto, a dedicated businessman and instigator of the movement; Pierre Lavoie, athlete and founder of the Grand défi Pierre Lavoie; Michel Therrien, coach of the Montreal Canadiens; the Right Honourable Jean Chrétien; the Right Honourable Brian Mulroney; Grégory Charles; Sylvie Bernier; France Chrétien Desmarais; Joannie Rochette; Diane Giard (National Bank); Michel Patry (HEC Montréal); Michal Hornstein; Nathalie Bondil (Montreal Museum of Fine Arts); and Daniel Lamarre (Cirque du Soleil). Thanks to first-rate ad placements, the summer 2013 campaign could be found in newspapers, on buses and bus shelters, and on the TV and radio.

DES GENS D'EXCEPTION UNIS POUR UNE GRANDE INSTITUTION

INSTITUT DE CARDIOLOGIE DE MONTREAL

UNIVERSITÉ DE MONTREAL

DES PERSONNALITÉS QUI FONT RAYONNER LE QUÉBEC SE SONT REUNIES POUR SOULIGNER LE CARACTÈRE EXCEPTIONNEL D'UN SUCCÈS QUÉBÉCOIS DE CLASSE MONDIALE, L'INSTITUT DE CARDIOLOGIE DE MONTREAL.

PARCE QU'ON VOUS AIME EN VIE

Logos for sponsors: GAZPROM, BNP PARIBAS, BMO, CIBC, TELUS, OXIGÈNE, and others.

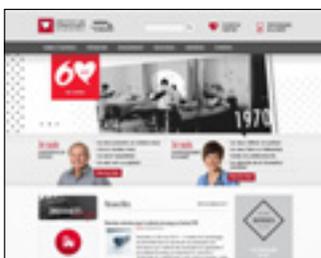


Healing through art: inauguration of The Athletes Gallery

Olympic champions Jean-Luc Brassard, Alexandre Despatie, Erik Guay and Bruny Surin, along with former Montreal Canadiens player and General Manager Serge Savard, gathered at the MHI in June 2013 for the inauguration of The Athletes Gallery. This 26-photograph exhibit in the first-floor Center corridor was donated by photographer Bernard Brault through a partnership with the Art for Healing Foundation and La Presse. Taken between 1979 and 2013, these images present a unique perspective on the athletes, teams and athletic events that have decorated Quebec's sport history. Italian-Canadian artist Elisa Nucci also donated four of her paintings to the hospital. Her art can be admired in the family lounge in the Intensive Care Unit and in the boardroom of the Beaulieu-Saucier Pharmacogenomics Centre.

A new and completely modernized website!

In October 2013, the MHI proudly announced the launch of its brand-new website that was fully redesigned around patient needs. In addition to a modern image and interface, the reconfigured site has many functions along with new content about the MHI and on cardiovascular disease and treatment. The site www.icm-mhi.org now has comprehensive information about the MHI's four main activity areas of care, research, teaching and prevention.



Not to be outdone, the Foundation also launched a new website. Dynamic, modern and more user-friendly, the site was redesigned to meet users' specific needs. For example, the site now includes a transaction platform for online registrations and peer-to-peer canvassing.

Investing in Excellence

In June 2013, the Investing in Excellence project received the go-ahead from the ministère de la Santé et des Services sociaux for the creation of an Initial Business Case (IBC) through a \$1-million grant for studies. In collaboration with clinical and technical teams at the Agence de la santé et des services sociaux de Montréal and the ministère de la Santé et des Services sociaux, teams at the MHI updated clinical needs and conducted an in-depth review of the first draft of the Functional and Technical Program. For the exercise, the teams looked specifically at the expected model for emergency and at an approach for optimizing all of the project's outpatient activities. The IBC should be finished during the 2014-2015 fiscal year.

Every seven minutes: the Foundation's new media campaign

Studies have shown that a Canadian falls victim to a heart attack every seven minutes. It was based on this statistic that Ig2 designed the Foundation's new media campaign. Along with static displays, radio and Web ads, the TV campaign showed people doing happy things and ended with a long beep and the taglines "Every seven minutes, someone suffers a heart attack" and "Help us save lives by giving to the Montreal Heart Institute Foundation." The Foundation received generous support from Bell Media, CBC, CBS Outdoor Canada, La Presse, Radio-Canada, RDS, Reader's Digest, Télé-Québec and the V television network, which gave the campaign excellent visibility.



60 Years of Care

With solid roots in Montréal and an international reputation, the Montreal Heart Institute has spent the past 60 years bringing together passionate experts who push the boundaries of medicine to provide ultraspecialized care to Quebeckers.

With the support of the Foundation, the Institute's mission is to provide patients with exceptional personalized and high-precision care in a modern and cutting-edge environment.



MHI Heart Transplant Program: 30 years, 418 transplants

The MHI celebrated the 30th anniversary of its Heart Transplant Program. Since its creation, 418 patients have received a transplant. During a festive event to mark the 2013 National Organ and Tissue Donation Awareness Week, the MHI honoured the courage and determination of approximately 60 of these patients. The event was made possible thanks to financial support from the Foundation.



Official launch of the SADOCC

Autumn 2013 saw the launch of the SADOCC, the Chronic Cardiac Pain Management Service. This service is meant for patients who develop chronic pain after heart surgery or a procedure to correct a heart condition. At the clinic, patients are seen by an anesthesiologist and a nurse clinician, who evaluate their pain and its impact on their daily activities, level of functioning and psychological state. Personalized pain treatment, based on a therapeutic partnership with the patient, is the key element of the pain management care provided by the SADOCC. If needed, patients receive care from professionals in other areas, such as physiotherapy, psychosomatic medicine or psychology.

The 100th Ross surgery performed at the MHI

The 100th Ross surgery was performed at the MHI on January 15, 2014. This operation consists in replacing a patient's aortic valve with his or her own pulmonary valve. Many studies suggest that this procedure, which mainly targets young adults, translates into improved survival rates and better long-term quality of life. A systematic program has been in place at the MHI since February 2011. With over 40 operations every year, the MHI has the highest annual volume of Ross procedures in North America. Today, the MHI is a recognized leader in this field, and many surgeons from Canada and Europe have benefited from its expertise.

More care and services for Quebeckers

Again, the MHI has done everything it can to serve the community better, and just a few facts give a good idea of the work done to achieve this goal. For example, the number of operations increased, with the number of heart surgeries rising from 1,672 last year to 1,745 this year. There was also an increase in hemodynamics and electrophysiology procedures, such as placements of bioabsorbable drug-eluting stents as well as complex ablations.

Activity report from the Comfort Care and Palliative Care Committee

During the 2013-2014 fiscal year, there was a 37% increase in the number of patients referred to the Palliative Care team compared to 2012-2013. This increase is mainly due to greater involvement in the Intensive Care Units. In keeping with best practices, all patients evaluated for ventricular assistance (an artificial heart) are now seen by a palliative care professional, who clearly establishes their care goals and end-of-life wishes.

The committee has also gone the extra mile to provide continuing education to staff at the MHI and at other institutions. The committee members also shared their expertise through a presentation at the International Congress on Palliative Care held in Montréal in May 2013 and at the annual symposium of the Société québécoise de l'insuffisance cardiaque in September 2013.

Québec Health Record

The Québec Health Record (QHR) is an initiative of the Government of Quebec to improve quality of care and the effectiveness of the Quebec health care system through computer-based tools. The MHI is the seventh of fifteen institutions in the Montréal region to provide data for the laboratory component of the QHR. On December 17, 2013, we started uploading the results of lab and microbiology tests to the QHR. This work was carried out in collaboration with the ministère de la Santé et des Services sociaux and the Agence de la santé et des services sociaux de Montréal. The MHI team was made up of resources from Medical Biology Services, Computing Services, the Medical Records Service and the Department of Technology and Building Management.

OACIS

The MHI continued participating on the different regional OACIS committees of the Agence de la santé et des services sociaux de Montréal. As the MHI was selected to participate in the OACIS clinical documentation pilot project (which involved the entry of vital signs, allergies and other data), the Coronary Care Unit started work on this project in December 2013 in collaboration with staff members in the Department of Nursing and the Department of

Multidisciplinary Services. Staff have scanned and entered over 77,000 patient records and radiology reports, and the project is on track to include transcription data and pharmacy and laboratory results with the goal of improving integrated access to information. These two projects are providing a solid foundation that will allow the MHI to transform into a digital hospital. The Foundation intends to support this initiative even more in the future.

Nuclear medicine

The technological development project in nuclear medicine took shape in 2013-2014. This project involved the installation of two cutting-edge SPECT/CT cameras, followed by the additional installation in 2014-2015 of two PET/CT Scanners (one for research and the other for clinical applications).

The renewal of our nuclear medicine equipment will allow us to provide a full range of nuclear medicine exams and avoid any potential problem with the supply of medical isotopes. With the installation of the two PET/CT scanners, we will be able to provide early, timely and more accurate diagnoses.



60 Years of Prevention

Since its founding 60 years ago, the Montreal Heart Institute has made it a mission to demonstrate the cardiovascular benefits of physical activity. As the first Canadian centre recognized by the World Health Organization as a "Health Promoting Hospital," the Montreal Heart Institute is positioned as an undisputed leader in the prevention of cardiovascular disease in North America.

Thanks to support from the Foundation, Institute specialists carry out cutting-edge research to reduce risk factors and promote healthy lifestyles in order to decrease the incidence of cardiovascular disease.



Researchers devise a combo plate for obese people to lose weight and reduce their health risks

An intense lifestyle modification program that combines high-intensity interval training (HIT) and nutrition counselling on the Mediterranean diet has led to better improvements in the cardiovascular health of obese people, according to a study presented at the Canadian Cardiovascular Congress. When applied separately, these lifestyle modifications (HIT or a Mediterranean diet) have a beneficial impact, but no one had yet examined their combined long-term effects. The findings of Dr. Mathieu Gayda, exercise physiologist and study co-author, show that combining these two therapies massively increases the benefits for cardiovascular health.

Healthy lifestyles: the MHI leads by example

For a third consecutive year, the MHI promoted healthy lifestyles at work by organizing the team 5/30 Health and Wellness Challenge and inviting its employees to sign up for the Montréal Marathon. To encourage staff to get healthy, group activities were organized throughout the year to help people move more at work and train with exercise professionals.



“Think of Your Heart” chronicles

For a third consecutive year, more than a million Quebecers read the “Think of Your Heart” chronicles, which were published free of charge in the weeklies of TC Media, thanks to our partnership with Transcontinental. Written in collaboration with professionals at the Institute and the ÉPIC Centre, these articles by Dr. Martin Juneau, Cardiologist and Director of Prevention at the MHI, discussed 12 new subjects about cardiology and the prevention of heart diseases. Reading that indeed does the heart good.

Defending electronic cigarettes

For Québec Tobacco-Free Week, Dr. Philippe Presles, Tobacco Cessation Specialist, gave a scientific lecture at the MHI on electronic cigarettes. After his lecture, the MHI took a position in favour of electronic cigarettes. Dr. Martin Juneau, Director of Prevention, is convinced that electronic cigarettes with nicotine can save the lives of many smokers. His opinion is based on studies estimating that the vapour from electronic cigarettes with nicotine is 450 times less toxic than cigarette smoke.

Optimal post-cardiac event management

The MHI treats more than 1,000 patients every year for acute coronary syndrome, and there is a high rate of visits to emergency within six months post-discharge. The MHI therefore started the GOSPEC Clinic (post-cardiac event management clinic), which provides telephone follow-up to all patients after their discharge from the Coronary Care Unit after an acute coronary event. Patients can call a nurse specialist during business hours to ask any questions they may have about their health condition. The goal of this program is to reduce unnecessary visits to emergency, reassure patients about any chest pain or other pain they may be having, increase their satisfaction with their care, decrease their anxiety, and improve compliance with their treatment. This program has been in place for two and a half years and has prevented 833 visits to emergency.

60 Years of Research

Over the past 60 years, the Montreal Heart Institute has created the largest cardiology research centre in Canada and is recognized as a world-wide pioneer innovator. It combines clinical and fundamental research under one roof, with activities that range from gene studies to major clinical investigations into patient health and well-being. Today, the Research Centre has over 615 people which whom the majority are scientists who are dedicated to making discoveries that will change people's lives.

The Montreal Heart Institute Foundation continues to support this life-changing research that will help people live better and longer. In the coming years, the Foundation will also support the Biobank and the development of approaches to identify hereditary factors that aid in the fight against cardiovascular disease and that can be used to personalize individual treatment.



ARTERIA: a major research program for patients with or at risk of cardiovascular disease

In the presence of Quebec Premier Pauline Marois, ministers Nicolas Marceau, Jean-François Lisée and Éline Zakaïb, Montréal Mayor Denis Coderre, and the representatives of international pharmaceutical companies, Dr. Jean-Claude Tardif, Director of the Research Centre, announced the launch of ARTERIA. Benefiting from \$49.2 million in investment, this project, directed by Dr. Jean-Claude Tardif, is focused on the search for innovative treatments in the fight against atherosclerosis, the primary cause of cardiovascular disease and the number one cause of death worldwide. Once again, the Montreal Heart Institute and its team of dedicated physicians, researchers and professionals have established themselves as world leaders in the fight against heart disease. This program will have tangible positive effects on patients living with or at risk of cardiovascular disease. The product of a vast and diversified partnership, ARTERIA has also been made possible by the significant contribution and tangible support of the following partners: Hoffmann-La Roche Ltd., Servier, MedImmune (a subsidiary of AstraZeneca), Valeant, Pharmascience, Pfizer Canada, Thrasos Therapeutics, Spartan Bioscience, and the Montreal Heart Institute Foundation.

Identification of genetic mutations involved in human blood diseases

A study published in April 2014 in Nature Genetics announced the identification of mutations that may have a significant impact on the future diagnosis and treatment of many human blood diseases. Through an international collaboration, researchers at the Montreal Heart Institute were able to identify a dozen mutations in the human genome that are involved in significant changes in complete blood counts and explain the onset of sometimes severe biological disorders. "Complete blood counts are a complex human trait, as the number of cells in the blood is controlled by our environment and the combined expression of many genes in our DNA," explained Dr. Guillaume Lettre, co-director of the study.

Inauguration of a leading-edge magnetic resonance centre at the MHI

The MHI inaugurated its brand-new Philippa and Marvin Carsley Cardiovascular Magnetic Resonance Centre in honour of these loyal donors. Their generous contribution will allow the MHI to operate this equipment, positioning our hospital as one of the leading cardiology centres specialized in cardiovascular imaging. Directed by Dr. Matthias Friedrich, the centre will allow researchers to use ultraspecialized magnetic resonance imaging techniques to detect acute and chronic heart diseases early on with unprecedented accuracy.



The search for an early biomarker to fight atherosclerosis

In May, the *Journal of the American Heart Association* published the conclusive results from a study directed by Dr. Éric Thorin which suggests for the first time that a blood protein called angiopoietin-like protein 2 (angptl2) contributes to the early development of atherosclerosis. Dr. Thorin, his team and his collaborators discovered that the blood levels of angptl2 are six times higher in subjects with coronary heart disease than in healthy subjects of the same age. Their basic research study also revealed that angptl2, which is undetectable in young people, increases with age in healthy subjects and increases prematurely in subjects who have high cholesterol and pre-atherosclerotic lesions.

High-intensity sports practised over many years can be harmful for the heart

A study that was published in the *Journal of the American College of Cardiology* confirms that high-intensity endurance exercise practised over the long-term can be harmful to the heart for certain athletes, making them more at risk of suffering from atrial fibrillation. This study is the first to precisely identify the mechanisms that lead to this form of heart arrhythmia, which is the most common type found in the Canadian population and is often synonymous with morbidity. Directed by Dr. Stanley Nattel, cardiologist and researcher, in collaboration with Dr. Eduard Guasch, MHI research fellow, this study entitled "Atrial Fibrillation Promotion by Endurance Exercise" involved laboratory tests using an animal model to simulate intense human exercise.

A new approach to treat the most common heart valve disease in Western countries

A study conducted by the team of Dr. Jean-Claude Tardif, Director of the Research Centre, has led to the discovery in an animal model of the potential value of a new approach to treat aortic valve stenosis through the administration of a compound that could prevent valve deterioration and even reverse the progression of the disease. A condition that is characterized by a narrowing of the aortic valve and that affects approximately 150,000

Canadians, aortic valve stenosis is the most common type of heart valve disease in Western countries. The results of this study were published in the *British Journal of Pharmacology*.

A new drug reduces heart damage

In March 2013, Dr. Jean-Claude Tardif presented the results of the SELECT-ACS trial at the 62nd Annual Scientific Session of the *American College of Cardiology*. According to this international clinical trial, a single dose of an investigational anti-inflammatory drug seems to considerably reduce damage to the heart muscle during angioplasty. "Inclacumab could indeed become an integral part of the therapeutic arsenal of modern cardiology if we can reproduce these results in subsequent studies," stated Dr. Jean-Claude Tardif, lead investigator of the study.

\$1.3 million for promising research at the MHI

Dr. Marc Jolicœur, Dr. Jean-Claude Tardif and Dr. Jean-François Tanguay received a \$1.3-million grant for their PRIMACY trial. Thanks to financial support from AstraZeneca, Boston Scientific, the Canadian Institutes of Health Research and the Montreal Heart Institute Foundation, this team will try to determine whether postponed coronary stent placement is better than immediate stent placement in patients suffering from a myocardial infarction. In the next three years, over three hundred people in nine hospitals in Quebec and Ontario will be recruited to participate in this study.

ADVICE

In spring 2014, Dr. Laurent Macle presented the positive results from the ADVICE study during a Late-Breaking Clinical Trial at the Heart Rhythm Society's Annual Scientific Sessions. This international multicentre trial led by a group of MHI electrophysiologists aimed at improving catheter ablation to treat atrial fibrillation. Specifically, this clinical trial showed that systematic use of an intravenous medication (adenosine) to inform the need for additional ablation during the procedure significantly reduced the risk of arrhythmia recurrence after catheter ablation.

A new room for hemodynamics research

In September 2013, the hemodynamics team performed the first procedure in its new hemodynamics research room in the Research Centre expansion. Designed specifically for complex procedures, this room is equipped with a multidetector-row angiography system with a ceiling-suspended C-arm that makes patient access easier and provides greater anatomic coverage. This system has cutting-edge functionalities, such as 3D cardiac imaging by rotational angiography, as well as specialized software that enhances the visibility of implanted stents and assists cardiologists during percutaneous valve replacements. The room also has a built-in intravascular ultrasound system and an ultra-high definition video integration system with a large screen.

MHI grant renewed for NIH-CIHR cardiothoracic surgical investigations

The NIH-CIHR Network for Cardiothoracic Surgical Investigations in Cardiovascular Medicine (CTSN 2008-2012) was renewed for a second cycle of five years (2013-2017) with financial support of \$60 million. The group of researchers from Université de Montréal (the MHI, Hôpital du Sacré-Cœur de Montréal, and the CHUM) was selected as one of the nine main groups (two Canadian and seven American) and will receive a \$1.25-million grant over the next five years for future protocols in cardiac surgery. Dr. Louis Perrault, Surgeon at the MHI, is a member of the steering committee of this prestigious network.



60 Years of Teaching

In the past 60 years, the Montreal Heart Institute has become one of the country's largest training centres in cardiovascular health. Each year, the MHI trains over 700 health care professionals from various backgrounds who mostly come from Quebec but who also hail from around the world. To date, over 500 cardiologists, cardiac surgeons and other international specialists have developed their expertise in cutting-edge cardiovascular care at the MHI.

The Foundation promotes the development of professionals at the Montreal Heart Institute. Each year, it contributes financially to the academic or postdoctoral training of doctors and nurses. All members of the care team are eligible for awards and scholarships from the Foundation.



Scholarship and professional development program in nursing

Thanks to the support of its Foundation, the Institute gave \$12,000 to six nurses so that they could continue their university studies and gave \$12,500 to fourteen other nurses specifically for advanced cardiac life support training. This scholarship program, which the Foundation and the Department of Nursing implemented in 2007, is the result of a \$500,000 donation from TD Bank and Mr. Jean-Pierre Themens, an MHI patient and loyal donor to the Foundation.



New training section for professionals on the MHI website

The new MHI website has a section dedicated to the sharing of valuable knowledge for health professionals. With online lectures and the option to register in courses offered at the MHI, this new section has become a go-to destination for anyone looking for specialized cardiology training.

Cardiac surgery advanced life support: a Canadian first!

In September 2013, MHI instructors Dr. Yoan Lamarche, cardiac surgeon and intensivist, and Marie Pagé, cardiology nurse practitioner and senior instructor in advanced cardiac life support, travelled to Winnipeg to give the very first course in Canada on cardiac surgery advanced life support (CSU-ALS.com). Approximately ten residents and thirty nurses and respiratory therapists took this essential training for anyone who works in immediate post-op care for cardiac surgery and who is a primary responder for this rare complication.

Success of the first interdisciplinary symposium on cardiovascular care

Nurses, nurse practitioners, doctors, nutritionists, pharmacists and students were invited to participate in the first interdisciplinary symposium on cardiovascular care that was attended by nearly 90 professionals. This first symposium focused on heart failure and was based entirely on clinical cases. During the day, participants had access to an interactive system that let them apply their knowledge.

Bal du Cœur fellowship program

The Bal du Cœur fellowships allow young promising doctors to do a rotation in a subspecialty in some of the world's leading cardiology centres. In 2013-2014, the recipients were Dr. Geneviève Giraldeau, who is continuing her post-graduate studies in imaging and heart transplantation at Stanford University; Dr. Julie Robillard, who is pursuing post-graduate work in cardiac radiology at the University of Ottawa Heart Institute; Dr. Donato Terrone, who is doing a fellowship in diagnostic radiology at Stanford University; and Dr. Marie-Claude Côté, who is doing a rotation in cardiovascular intensive care at the teaching hospital of the University of Calgary.

Honour Roll

2013 MHI Recognition Awards

Given out every year for the past 16 years, the MHI's Recognition Awards thank staff for their exceptional contributions to the institution's advances and reputation.

Award for Non-Clinical Staff

Mr. Charles-Henri Hudon, Housekeeping Staff

Award from the Multidisciplinary Council

Mr. Stanislaw Bokota, Medical Records Clerk

Award from the Council of Physicians, Dentists and Pharmacists

Dr. Jean Grégoire, Nuclear Medicine Physician

Award from the Council of Nurses

Ms. Sylvie Ouellet, Nurse Clinician (Emergency)

Award from the Managers Association of the Montreal Heart Institute (tie)

Ms. Khedidja Chemmem, Coordinator of the Medical Unit (4th Centre)

And

Ms. Louise Guilbeault, Assistant to the Director of Human Resources

Executive Director's Award

Ms. Nadine Mérette, Medical Imaging Coordinator



Other honours

Dr. Stanley Nattel

Clinical cardiologist and Director of the Electrophysiology Research Axis at the MHI Research Centre



Founders' Lectureship Award. Dr. Stanley Nattel was honoured as a scientific pioneer by the U.S. Heart Rhythm Society for his unique and significant contribution to the field of heart rhythm disorders.

Honorary doctorate. Dr. Nattel received a prestigious honorary degree from the University of Szeged (Hungary) in recognition of the exceptional quality of his research and resulting scientific advances, along with the vast range of work he has done with this university.

Mr. Denis Brouillette

Pharmacist



Award from the Ordre des pharmaciens du Québec This award pays homage to members of the Ordre des pharmaciens du Québec by recognizing their remarkable support for the development and influence of the pharmacy profession.

Dr. Jean-Claude Tardif

Cardiologist and Director of the MHI Research Centre



Prix Cœur Québec Argent

This award is bestowed by the Heart and Stroke Foundation in recognition of involvement in the fight against heart disease.

Ms. Marie Pagé

Cardiology Nurse Practitioner



Prix innovation pédagogique en développement professionnel continu. The Conseil québécois de développement professionnel continu des médecins (CQDPCM) awarded this prize to Marie Pagé for her project entitled "Simulations d'arrêts cardiaques sur les unités

de soins : une méthode pour améliorer la performance d'équipe."

Mr. Simon de Denus

Pharmacist, Co-Director of the Heart Failure Research Group at the MHI



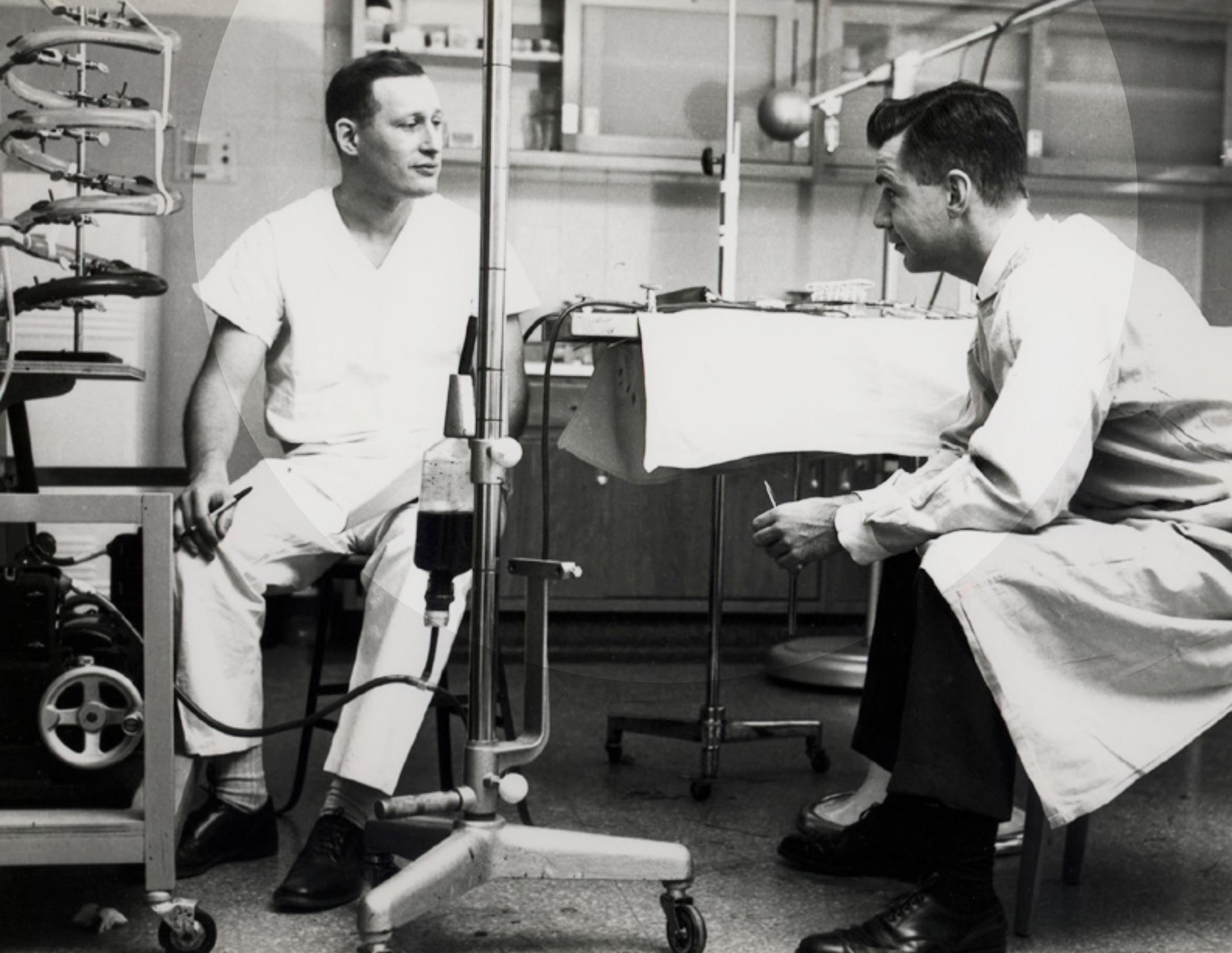
Martial G. Bourassa Prize

This award is given by the Montreal Heart Institute Foundation to recognize young researchers' excellence and active participation in the scientific life of the Institute.

Team award – Interactive simulation competition

2013 SimWars™. The MHI team made up of Isabelle Roach, emergency nurse, Dr. Mark Liszkowski, intensivist, Marie Pagé, nurse practitioner, and Dr. Yoan Lamarche, cardiac surgeon, won the 2013 SimWars™, a summit organized by the Royal College of Physicians and Surgeons of Canada on simulation technology for health professionals.





The Foundation Helps Make Hearts Beat

Since its creation in 1977, the Montreal Heart Institute Foundation has worked to realize the dreams and projects of professionals at the Institute. The Foundation helps them push the boundaries of research, care, prevention and teaching and contributes to the advancement of the Institute's priority projects.

The Foundation has given \$190 million to the Institute to date. Thanks to these donations, innovative projects have been launched to improve treatment for patients with cardiovascular disease, particularly through less invasive techniques that focus more on prevention and that are on the vanguard of knowledge and technology. These tangible technological and medical advances make a true difference in patients' lives.

Where your donations go

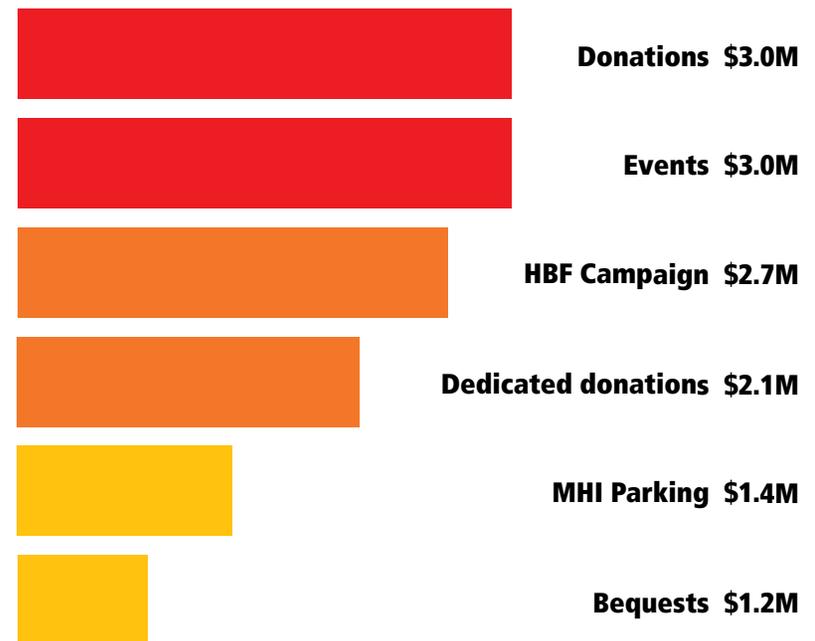
Like a healthy heart to a patient, the Foundation is an essential part of the Montreal Heart Institute. In 2013-2014, the Foundation allocated **\$14.2 MILLION** to the Montreal Heart Institute.



Activity report from the Foundation

The Foundation's total revenues were **\$27.5 million**, including **\$14.1 million** in investment revenues.

Thanks to its fundraising efforts, events and funding projects, the Montreal Heart Institute Foundation collected **\$13.4 million** in 2013-2014. Out of this amount, over **\$10.7 million** came from its annual activities and **\$2.7 million** came from its major campaign, Heart Beat for the Future (HBF).



Heart Beat for the Future Campaign

Over \$70 million in donations have been confirmed to date in the Heart Beat for the Future (HBF) campaign, which launched in 2006. So far, 87% of this total has been received by the Foundation. This amount is indeed promising and will go towards the Montreal Heart Institute's Investing in Excellence development plan.

Many exceptional projects funded by the HBF campaign have already become a reality. The MHI expanded the Research Centre, constructed a new high-tech hybrid room, and created a unique Biobank so that researchers can look for the genetic causes of cardiovascular disease. It also bought cutting-edge equipment, such as a 3D echocardiography machine.

Other projects will round out this list, such as the Montreal Heart Institute's Investing in Excellence project. The Foundation is a major partner in this initiative, which includes the expansion and renovation of the Emergency Department, the consolidation of outpatient services, and the construction of the new Centre of Excellence in Cardiovascular Health Training.

We sincerely thank all donors to the HBF campaign, who care deeply about helping the Institute bring its priority projects to life. Each day, we strive to maintain their trust in us.

LIST OF DONORS

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Events That Get People Involved

Grand Bal des Vins-Cœurs

The 13th edition of the Grand Bal des Vins-Cœurs was held in September 2013 at the Windsor Station. Attended by close to 800 guests, the event was supported by loyal partners such as the SAQ and Cirque du Soleil, as well as many sponsors and donors. During this gala evening, the Foundation presented its prestigious Medal of Honour to Rémi Marcoux, C.M., O.Q., F.C.A., founder and board member of TC Transcontinental, for his generosity, involvement and dedication to the Foundation.

Commitments of **\$2.85 million** were confirmed by donors during this major event. A significant portion of these funds was received in 2013-2014.





Montréal International Auto Show Charity Preview

The 10th edition of the Montréal International Auto Show Charity Preview was held in January 2014. This event, which had unprecedented success in 2014, gave many hospital foundations a share in the proceeds while giving their partners a sneak peek at the car show.

This is the first time that the Montreal Heart Institute Foundation partnered with this can't-miss event attended by 4,500 people. Overall, **\$641,759** was raised, and **\$80,980** was given to the Foundation.

\$2 straight to the heart! **IGA**

In February 2014, the annual "\$2 straight to the heart" promotion found its way across all Quebec IGA's for the 28th year. Because of the generous participation of IGA, its staff, and their clients and suppliers, this campaign collected **\$380,000** for the Foundation. Overall, **\$7.7 million** has been raised since the first edition of the "\$2 straight to the heart" campaign.

Soirée des Cœurs Universels

Over 350 guests came out for the 12th edition of the Soirée des Cœurs Universels. This major event resulted in a generous collective donation of **\$163,155**. With honorary chair Carmine Mercadante, a partner at the firm Mercadante & DiPace, this year's event recognized Mr. Alex Pacetti for his incredible dedication and exceptional support to the cause of cardiovascular disease.



Polo avec Cœur

During a sunny afternoon in August 2013, the Polo avec Cœur event raised **\$35,000**. Donors were treated to an extra touch of class, as they sipped champagne while enjoying the polo match.



Kanawaki Golf Tournament

At the 27th edition of the Kanawaki Golf Tournament in August 2013, 108 golfers made the most of the incredible weather to not only improve their golf swings but also show their generosity by raising **\$103,200** for the Foundation. Since it was created, the Kanawaki Golf Tournament, chaired by Mr. John A. Rae, has contributed over **\$2.5 million** to the Foundation.

Trip Raffle

Again in 2013-2014, the MHI Employee Trip Raffle, which every month gives out travel credits and cash prizes, was a success, as it raised **\$105,842** towards the purchase of new equipment. This was a fantastic gesture on the part of MHI employees, who not only work every day for patient well-being but also give generously to the Foundation.

Monaco Group Classic

For the 22nd edition of the Monaco Group Classic, 160 people came out in support of hospital foundations, including the Montreal Heart Institute Foundation. We received over **\$80,000** thanks to the participation of golfers and the involvement of the event organizing committee.

Third-Party Events

The Foundation relies on the support and enthusiasm of many volunteers from across Quebec who organize benefit activities in support of the Montreal Heart Institute's mission. In 2013-2014, these generous people helped raise **\$316,962** through various events. Their commitment is essential and absolutely deserves to be recognized.

Montréal International Auto Show Charity Preview
10 km de Sherbrooke - May L'Archevêque-Wells
50th wedding anniversary - Elina and Giuseppe Borsellino
Bob communications
Bootcamp du cœur BALNEA
Fundraising - Life support training
Fundraising - Alexandre Legris - Cégep Saint-Jean-sur-Richelieu
Fundraising - Collège Ahuntsic
Fundraising - Sophie Pellerin - Collège Lionel-Groulx
Fundraising - Penny drive
Fundraising - Antoinette Carnevale - Lunch at the Annunziata Church
Défi des Cœurs - Chantale Boucher
Demi-marathon des pompiers de Shawinigan - Chantale Boucher
Jeune de cœur - General Mills
World Transplant Games - Jean Gravel
Monaco Group Classic
L'Arbre de l'espoir
Le Tricheur - Mahée Paiement
The Royal Canadian Legion
Virtual League of Hockey - Phéromone
Lotomatique
Love is in the air
Wedding - Isabelle Simard
Misons sur le cœur - Les Dames de Cœur - Zoom académie
Roland-Beaulieu Omnium
Polo avec Cœur - Carol and Don Pennycook
Event organized by the Association Bénévole Donne Siciliane

"Prescription : Humour" benefit show - Marc Laurin
National Bank Golf Tournament
Clément-Phaneuf Golf Tournament
Ultramarathon - Dominic Mélançon
Un clic pour 5 sous
Une rose pour le Cœur - Roberto Certosini - Graphicor
Garage sale - Carole Carbonneau
Sainte-Thècle book sale - Fernand Cloutier

Sentiers du cœur de BALNEA

Through our partnership with BALNEA, this spa resort launched the "Sentiers du cœur" in honour of the Montreal Heart Institute. Visitors can go to BALNEA to enjoy hiking or snowshoeing in exchange for a voluntary contribution to the Foundation. The trails are located in the heart of the Domaine naturel du lac Gale in Bromont.



Our Generous Donors

Your donations make a world of difference. Because you are more than 31,500 generous donors in all, the following list contains registrations of \$5,000 or more in 2013-2014.

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Dr Paul P. David

FOUNDING GOVERNER:

J.-Louis Lévesque

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Sobeys Québec inc.
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Bequests are an exceptional way to allow future generations to benefit from progress in cardiovascular medicine. Once again this year, many donors chose to lend their names to the Montreal Heart Institute's cause. We want to pay homage to these visionaries whose combined generosity resulted in bequests of **\$1,008,241**.

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Five bequests totalling **\$151,012** were also directed to the Foundation and dedicated to the Institute's research projects. We extend our full gratitude to:

Lucie Bellehumeur
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Our Dedicated Volunteers

To all those who generously give of their time—thank you for contributing to our cause.

Many activities at the Montreal Heart Institute and its Foundation rely on your commitment. There are many ways that you can offer your help and volunteer. Depending on your experience and interests, you can volunteer with the Foundation, for the heart surgery support program, at admitting, or in the Pastoral Service. To give of your time, visit the **“Become a volunteer”** section on the Montreal Heart Institute’s website. Other volunteers include members of the Board of Directors of the Foundation, its committees and its event partners.

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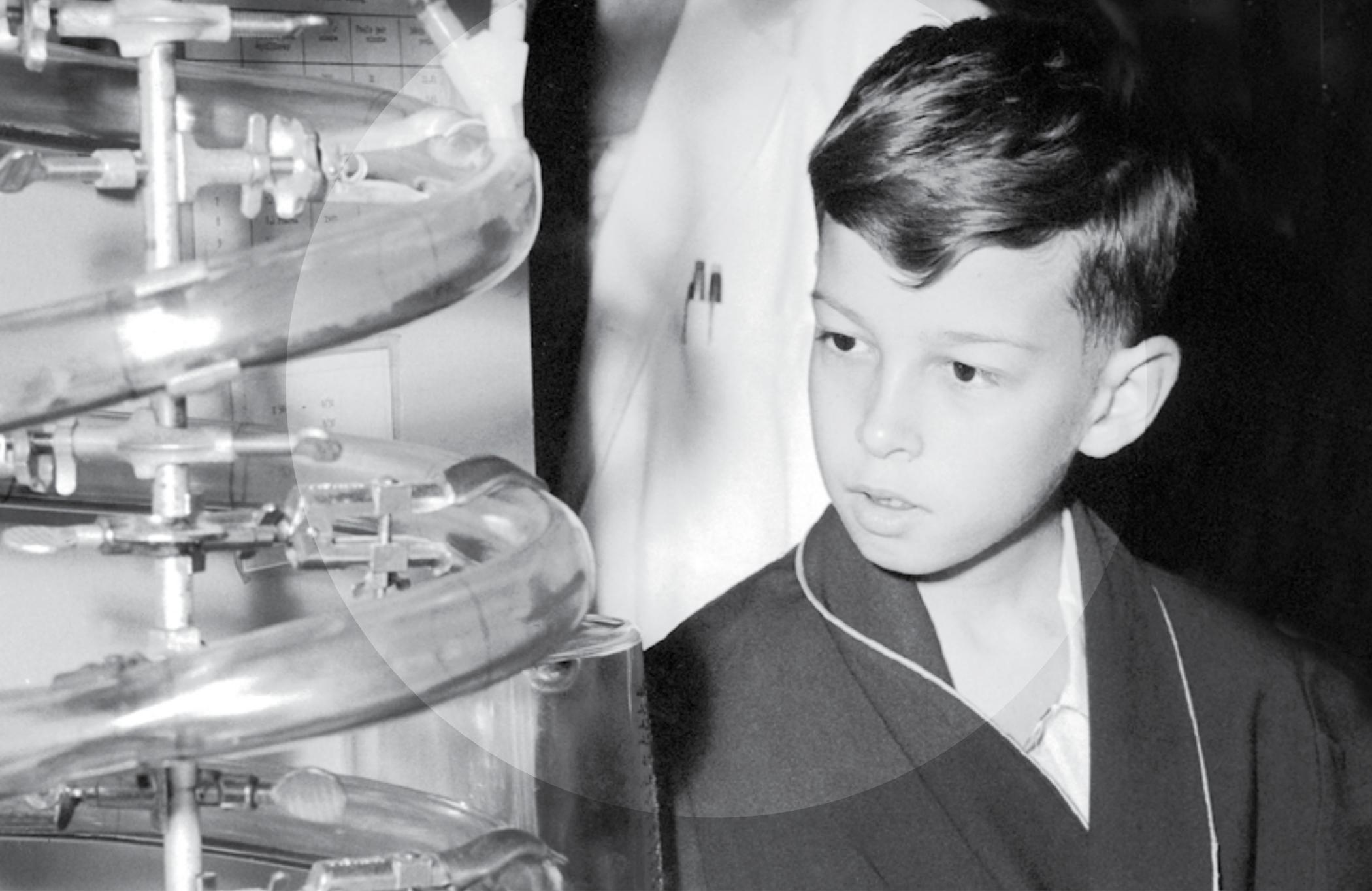
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Complaint Management

The Local Service Quality and Complaints Commissioner reports to the MHI Board of Directors regarding the respect of user rights and the diligent review of complaints and dissatisfaction. The commissioner receives requests from patients or their representatives, reviews them, conducts an investigation when deemed necessary and, if applicable, issues recommendations that will help improve the quality of services at the MHI. The commissioner reviewed 304 complaints and requests in 2013-2014. No complaints were brought before the Québec Ombudsman.

Number of complaints and requests processed in 2013-2014 (by type)

Type	Number
Consultations	83
Requests for assistance	116
Interventions	10
Complaints	80
Medical complaints	15
Total	304

Reasons for complaints and requests in 2013-2014

There may have been more than one reason for each complaint or request processed

Reasons	Number
Care and services delivered	51
Interpersonal relations	41
Accessibility	58
Specific rights	64
Other reasons	47
Organization of the environment	23
Financial aspect	21
Total	305

Timeframes for reviews by the complaints commissioner

Time	Number
1 day	208
2 to 7 days	42
8 to 30 days	22
31 to 45 days	5
45 days or more	12

Timeframes for reviews by the medical examiners

Time	Number of cases reviewed
1 day	0
2 to 7 days	0
8 to 30 days	1
31 to 45 days	0
45 days or more	12

Follow-up

The commissioner takes different actions following a review of each case. In most cases, the commissioner intervenes by providing:

- General information
- Clarification
- Facilitation, liaison
- Mediation
- Help to access care or a service
- Advice or a referral

Financial Statements

Montreal Heart Institute

STATEMENT OF FINANCIAL POSITION MARCH 31, 2014

	FUND OPERATING	FUND CAPITAL ASSET	TOTAL 2013-2014	TOTAL 2012-2013
ASSETS				
Cash	\$ 16,848,259	\$ 987,011	\$ 17,835,270	\$ 14,640,370
Receivables - Montreal Agency and MSSS	\$ 18,171,427	\$ 964,883	\$ 19,136,310	\$ 24,894,390
Receivables - Other	\$ 23,881,016	\$ 5,356,140	\$ 29,237,156	\$ 30,475,484
Interfund receivables (interfund debt payable)	(\$ 3,079,838)	\$ 3,079,838		
Subsidies to be received (accounting reform)	\$ 9,075,092	\$ 9,604,966	\$ 18,680,058	\$ 11,806,466
Deferred charges related to debts		\$ 2,370,479	\$ 2,370,479	\$ 2,304,065
Other items	\$ 154,726		\$ 154,726	\$ 128,984
Total assets	\$ 65,050,682	\$ 22,363,317	\$ 87 413 999	\$ 84 249 759
LIABILITIES				
Temporary loans		\$11,463,902	\$ 11,463,902	\$ 16,739,795
Other payables and other expenses	\$ 28,195,915	\$ 9,480,837	\$ 37,676,752	\$ 30,842,702
Advances and payables - Montreal Agency (decentralized env.)		\$ 3,841,868	\$ 3,841,868	\$ 9,549,306
Accrued interest payable		\$ 972,605	\$ 972,605	\$ 836,202
Deferred revenues - principal and ancillary activities	\$ 33,766,683	\$ 29,620,720	\$ 63,387,403	\$ 73,550,235
Long-term debt		\$ 109,413,130	\$ 109,413,130	\$ 94,098,847
Liabilities for future benefits	\$ 12,448,987		\$ 12,448,987	\$ 11,798,102
Other items	\$ 59,526		\$ 59,526	\$ 141,224
Total liabilities	\$ 74,471,111	\$ 164,793,062	\$ 239,264,173	\$ 237,556,413
NET ASSETS (NET DEBT)	(\$ 9,420,429)	(\$ 142,429,745)	(\$ 151,850,174)	(\$ 153,306,654)
NON-FINANCIAL ASSETS				
Capital assets		\$ 163,941,508	\$ 163,941,508	\$ 166,062,581
Inventories	\$ 2,840,753		\$ 2,840,753	\$ 2,561,669
Prepaid expenses	\$ 886,438		\$ 886,438	\$ 46,490
Total non-financial assets	\$ 3,727,191	\$ 163,941,508	\$ 167,668,699	\$ 169,085,740
ACCUMULATED SURPLUS (DEFICIT)	(\$ 5,693,238)	\$ 21,511,763	\$ 15,818,525	\$ 15,779,086

Income statement

Montreal Heart Institute

OPERATING FUNDS (principal and ancillary activities)

	2013-2014	2012-2013
Revenues		
Subsidies from the Montreal Agency and MSSS	\$ 144,128,033	\$ 148,477,619
Subsidies from the Government of Canada	\$ 12,120,405	\$ 15,648,809
Room surcharges	\$ 1,868,541	\$ 2,015,909
Services rendered and cost recoveries	\$ 3,907,054	\$ 2,918,689
Research grants - FRQS	\$ 2,176,401	\$ 2,075,037
Research grants - MHIF and NPOs	\$ 3,938,168	\$ 9,119,658
Other revenues - Research	\$ 32,799,295	\$ 29,426,783
Other revenues - ÉPIC Centre	\$ 3,074,296	\$ 3,302,750
Medical teaching and teaching support	\$ 2,264,378	\$ 2,030,168
Commercial activities and other revenues	\$ 4,577,644	\$ 4,957,579
Total revenues	\$ 210,854,215	\$ 219,973,001
Expenses		
Salaries, social benefits and payroll taxes	\$ 115,392,291	\$ 111,043,576
Medical and surgical supplies	\$ 41,728,932	\$ 40,174,073
Medication	\$ 2,480,760	\$ 2,919,717
Blood products	\$ 3,790,682	\$ 5,080,780
Other expenses	\$ 45,263,673	\$ 60,413,570
Total expenses	\$ 208,656,338	\$ 219,631,716
Surplus (deficit)	\$ 2,197,877	\$ 341,285
Internally restricted with respect to completed research projects	(\$ 432,414)	(\$ 338,633)
Use of internally restricted resources for research projects	\$ 1,058,998	
Internally restricted with respect to the ÉPIC Centre	(\$ 81,005)	(\$ 26,519)
Transfer of research capital assets to the capital asset fund	(\$ 2,607,835)	
Transfer of Centre ÉPIC capital assets to the capital asset fund	(\$ 119,990)	
Amount charged to unallocated balance of the operating fund	\$ 15,631	(\$ 23,867)

CAPITAL FUND

REVENUES BY FUNDING SOURCE

Montreal Agency	\$ 143,142	\$ 12,454,514
Montreal Heart Institute Foundation, research and other sources	\$ 4,032,305	\$ 7,436,178

VOLUME OF ACTIVITIES

	2013-2014	2012-2013
Hospitalizations		
Admissions	7,525	7,315
Patient days	42,361	41,586
Day care	13,493	6,285
Average hospital stay in days	5,63	5,69
Outpatient services		
Emergency Room cases	17,405	17,362
Outpatient visits	83,178	87,917
Surgical sector		
Procedures	1,923	1,911
Cardiac surgeries	1,745	1,672
Other surgeries	178	239
Patient hours	8,014	7,774
Minimally invasive surgeries	122	114
Transplantations	13	14
Hemodynamics		
Total procedures	6,445	6,175
Therapeutic procedures	2,598	2,494
Diagnostic procedures	3,847	3,681
Peripheral hemodynamics		
	100	101
Electrophysiology		
Total procedures	2,297	2,202
Pacemakers	617	560
Defibrillators	434	490
Ablations	617	590
Other procedures	629	562
Human Resources		
Managerial staff - Full-time	60	71
Managerial staff - Part-time (full-time equivalent)	10	11
Regular staff - Full-time	811	896
Regular staff - Part-time (full-time equivalent)	330	280
Casual staff (full-time equivalent)	169	217
Active physicians	90	84

Financial Statements

Montreal Heart Institute Foundation

As at March 31, 2014

	2014	2013
Assets		
Investments	\$ 120,438,010	\$107,166,127
Cash	\$ 949,506	\$596,938
Receivables	\$ 1,034,414	\$1,290,483
Inventories	\$ 38,527	\$39,817
Prepaid expenses	\$ 49,616	\$55,932
	\$ 122,510,073	\$109,149,297
Liabilities		
Payables and expenses	\$ 2,034,787	\$2,413,983
	\$ 2,034,787	\$2,413,983
Fund balance		
Allocated	\$ 104,894,559	\$93,140,524
Non-allocated	\$ 15,580,727	\$13,594,790
	\$ 120,475,286	\$106,735,314
	\$ 122,510,073	\$109,149,297

Note: Copies of the Montreal Heart Institute Foundation's financial summary are available at the following address:

The Montreal Heart Institute Foundation
5000 Bélanger Street, Montréal, Quebec H1T 1C8

Income Statement

Montreal Heart Institute Foundation

FISCAL YEAR ENDED MARCH 31, 2014

	2014	2013
Donations	\$ 8,097,004	\$7,877,349
Fundraising activities	\$ 4,206,748	\$3,942,691
Bequests	\$ 1,159,253	\$1,197,667
Investment revenues	\$ 6,679,900	\$10,057,114
Variation in unrealized capital gain or loss on investments	\$ 7,330,624	(\$1,594,104)
Gross operating revenues	\$ 27,473,529	\$21,480,717
Direct and indirect expenses related to fundraising activities	\$ 2,858,756	\$2,687,073
Net operating revenues	\$ 24,614,773	\$18,793,644
Administrative expenses	\$ 1,802,929	\$1,406,013
Surplus of revenues over expenses before contributions	\$ 22,811,844	\$17,387,631
Contributions to the MHI - research, technological development, and other	\$ 9,071,872	\$8,657,389
Surplus of revenues over expenses	\$ 13,739,972	\$8,730,242
Start-of-year balance	\$ 106,735,314	\$98,005,072
End-of-year balance	\$ 120,475,286	\$106,735,314

Recording of contributions

In 2013-2014, the Foundation's contributions to the Institute totalled \$9.1 million and mainly went towards funding the MHI's research projects and the purchase of specialized equipment. These contributions are only recorded once the amounts are paid to the Institute.

Cost-efficiency measures

Thanks to sound operational management, the Foundation was able to optimize recurring administrative expenses, which represented 5.8% of all gross operational revenues and investment revenues for the 2013-2014 fiscal year.

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Montreal Heart Institute Foundation

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