

**MONTREAL
HEART INSTITUTE**

**MONTREAL HEART INSTITUTE
FOUNDATION**



2014-2015 ANNUAL REPORT





**Our
hearts
in the**



**right
place**

Prevent. Take action. Get well

Local pride, global standing

The Montreal Heart Institute is one of the world's leading cardiology centres—a reputation it has earned from the high quality of not only its patient care but also its research, prevention and teaching activities.

Its values are founded on respect for patients and their families and concern for their quality of life, the recognition of human resources, sound management, the constant search for excellence and innovation, the protection of public health, an openness to the community and the health care network, as well as transparency and patients' informed consent.

Since 1977, the Montreal Heart Institute Foundation has collected and administered funds to support research, care, prevention and teaching at the Institute. The Foundation therefore has a hand in the excellence of a world-class institution that serves the Quebec community.

Through its values and commitment, the Foundation contributes to the innovative approach and lasting future of the Montreal Heart Institute. It places value on involvement, integrity, listening and respect to obtain conclusive and effective results, all while responsibly, honestly, transparently and soundly managing the funds entrusted to it. The Foundation relies on the valuable contribution of many volunteers to continually surpass its goals.

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PAVILLON

PAVILLON
JACQUES A. CORBEIL

INSTITUT DE CARDIOLOGIE
DE MONTREAL



Message from the Chair of the Board and the Executive Director of the Montreal Heart Institute

In the past few months, the Montreal Heart Institute (MHI) was recognized as an independent institution under *An Act to modify the organization and governance of the health and social services network, in particular by abolishing the regional agencies* (Bill n°10). At the same time, we made our 2014-2019 Strategy Plan public. It describes the actions we will take over the next five years and bears the following subtitle as a promise: prevent, take action, get well. The plan will require \$155.8 million and we are happy to announce that \$70.4 million has already been raised. Many THANKS to our partners in this major undertaking.

I also want to mention that this year again, and despite significant budget cuts, we have been able to improve patients' access to treatments, especially in hemodynamics, cardiac surgery and electrophysiology procedures... all while maintaining a balanced budget. In fact, 1,785 cardiac surgeries (40 more than in 2013-2014), including 13 heart transplants and 13 artificial heart transplants, took place over the past year. Furthermore, 86 valves were inserted using a percutaneous or transapical approach, while 2,595 drug-eluting stents (1,875 in 2013-2014) and 466 defibrillators were implanted in patients. In addition, the rate of infection linked to these procedures was under 3%, ranking the MHI as one of the most efficient hospitals in the world.

In regards to the MHI's accomplishments related to teaching, it is worth noting that continuing education activities using videoconferencing technology was offered to two dozen hospitals in Quebec. These sessions, along with workshops given by our electrophysiology specialists, allowed 64 doctors from around the world to receive training in cardiac electrophysiology.

Statistics when it comes to prevention are also very telling: more than 7,500 visits to prevention clinics, 4,000 cardiovascular evaluations in primary and secondary prevention at the EPIC Centre and nearly 1,000 interventions with our hospitalized patients within the smoking cessation program.

In research, many progresses have been made in human genetics and the MHI was involved in several major clinical studies. In fact, our researchers have made significant discoveries that have contributed to improving treatments for coronary disease and atrial fibrillation. For instance, the team of Dr. Tardif and Dr. Dubé discovered a gene mutation that predicted patients' response to a drug that increases good cholesterol. It is a world first in the fields of cardiology and personal medicine that will allow the MHI to carry out the largest cardiovascular pharmacogenomics study in the world.



This year also marked the Institute's 60th anniversary. The meticulously prepared celebrations met our high expectations and the Canadian Journal of Cardiology even devoted an entire special edition to the momentous occasion. Some of the most memorable and successful events included an evening honouring the Institute's founders at Birks, a benefit at the Montreal Museum of Fine Arts, a concert by Gregory Charles and the *Bal des Vins-Coeurs*. Two words can sum up the emotions felt by everyone involved: Pride, for everything accomplished over the past six decades, and Mobilization, for everything we will achieve in the future.

Other happy moments allowed us to highlight the accomplishments of the MHI's team. One such instance was the tribute to Dr. Martin Juneau for 30 years of innovative work that has contributed to making the MHI an uncontested leader in prevention in North America. Moreover, the Association Québécoise des établissements de santé gave the MHI a special communications award for its new website, acknowledging the Institute's work and devotion to informing the general public about cardiovascular diseases. And finally, we all experienced strong emotions when

Ginette Reno's cardiologist, Dr. Jean-Lucien Rouleau, gave her a prescription to sing the national anthem in front of Montreal Canadiens fans.

In honour of their work over the past six decades and for their contribution to the Montreal Heart Institute's success, we want to once again thank all the doctors, nurses, health professionals and interns, non-medical staff, administrators, volunteers, the Foundation team as well as our precious partners, Université de Montréal which is affiliated with the Institute, the Ministère de la Santé et des Services Sociaux, and of course all our generous donors who have played a huge part in the MHI's success. We also wanted to pay tribute to the Desmarais family, who have greatly helped the MHI, by renaming the MHI's Research Centre the "Centre de recherche Famille Desmarais".

In sum, this pivotal year provided us with great reasons to continue to surpass our goals in the coming years.

Chair of the Board
Pierre Ancil

Executive Director
Dr. Denis Roy

Message from the Chair of the Board and the Executive Director of the Montreal Heart Institute Foundation

One look at how much the Montreal Heart Institute (MHI) has progressed over the past few decades is all it takes to understand how important the Foundation is to maintaining the MHI's role as a leader. Contributions from the Foundation represent a genuine lever to helping it stand out in the medical field. In fact, to this day the Foundation has raised more than \$200 million for the MHI.

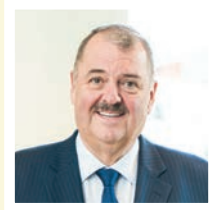
This year, the Foundation raised a net income of \$19.7 million (before payment of contributions). A little over \$10.4 million was given to the MHI while almost \$4.8 million was added to the endowment fund. Nearly \$3.9 million will be invested in the MHI's "Invest in Excellence" development project. The Foundation's gross income was slightly higher over the past fiscal year, due in part to an increase in investment revenues totalling \$2.4 million. In 2014-2015, the Foundation's assets increased by \$11.7 million and now total \$134.3 million.

In order to optimize its revenues, the Foundation has reviewed its endowment fund's investment policy and will implement a new one in the coming summer. In terms of governance, the Foundation completely revised and updated its regulations in order to make sure they are in line with *Best practices*.

In celebration of the Institute's 60th anniversary, the Foundation awarded 10 medals of honour during a special event held at Power Corporation of Canada. In recognition for their dedication, the Foundation's medals were awarded to Ms. Nicole Bureau-Tobin, Ms. Suzanne Lévesque, Mr. André Bérard, Mr. Raymond Fortier, Mr. Serge Godin, Mr. Tony Meti, Mr. Jean Royer, Mr. Michael Sabia, Mr. Louis A. Tanguay and Mr. Yves Archambault. Through their actions, these individuals have all made a difference for the Foundation.

During this exceptional year of celebration, the *Grand Bal des Vins-Coeurs*, one of the Foundation's flagship activities, renewed its image and for the first time was held this year at the Uniprix Stadium. The event raised more than \$3 million, including a \$1.5 million donation from the Marcelle and Jean Coutu Foundation which will serve to finance the Chair in Innovative Surgical Treatment for Heart Failure at Université de Montréal.

This year also marked the creation of a new event when the young business leaders group held their first Izakaya fundraiser. Numerous young professionals attended the Japanese-themed event and the Foundation is thrilled to count on their support.



Every donation is extremely important. That's why we want to thank our 30,000 donors who believe in our cause year after year. Their help is crucial to the Foundation's mission. Thank you to the Kaufman estate for creating the Richard I. Kaufman Fund dedicated to supporting the Anesthesia Department and intensive care unit. Thank you to the Mel Hoppenheim Family Foundation which will finance a CT scanner room. Thank you to the Gagnon family for a donation that allowed the MHI to expand the technology park devoted to echocardiography by acquiring new generation equipment. Thank you to the Morris & Bella Family Foundation whose donation will finance the purchase of a latest generation ultrasound device. Thank you to IGA Sobeyes, a partner of the Foundation for the past 29 years whose accumulated annual contributions will this year total more than \$8.1 million. And finally, thank you to the Desmarais family. In recognition of their continued support, the Foundation has named the *Centre de recherche Famille Desmarais* in their honour.

Chair of the Board
Henri-Paul Rousseau

Every year, the Foundation works hard to make sure its administrative fees remain very low. This can only be achieved thanks to our volunteers, members of the Board of Directors and its various committees, the Cirque du Soleil, the SAQ, Maison Birks, Ig2, Publipage and Transcontinental. We also want to thank the MHIF's dedicated employees who work hard every day to obtain the funding necessary for the advancement of cardiovascular knowledge and care. Thanks to them, the Institute remains an innovative health centre that provides exceptional care to Quebecers. Thank you to every one of these caring individuals and to all our donors for their immense generosity. Thanks to you, the Montreal Heart Institute can help make hearts beat.

Executive Director
Mélanie La Couture

Prevent

The uncontested leader
in the prevention of heart
disease in North America.

Take action

The most important
cardiology research centre
in Canada, at the global
forefront of innovation.

Get well

Outstanding personalized
medical treatments in
a modern environment.

Four strategic pillars to remain at the forefront

The Montreal Heart Institute stands apart from other major Quebec hospitals through its highly specialized treatments and the importance of its research.

Over the next few years, the Institute aims to pursue its tradition of innovation and will invest in the most promising fields in order to maintain its status as an international centre of excellence in cardiology. The goal is to continue making life-changing discoveries, improve the effectiveness of treatments and offer outstanding treatments in a modern environment. To achieve this, the Montreal Heart Institute has aligned itself with four strategic pillars that will ensure it remains an undisputed leader:

CARDIOVASCULAR IMAGING

INCREASINGLY SOPHISTICATED TECHNIQUES
IN ORDER TO PREVENT THE INCIDENCE
OF CERTAIN CARDIOVASCULAR DISEASES.

CARDIOVASCULAR GENETICS

NEW APPROACHES IN ORDER TO IDENTIFY
HEREDITARY FACTORS TO PROVIDE
TAILORED TREATMENTS TO PATIENTS
AND THEIR FAMILIES.

PREVENTION

PROGRAMS AND RESEARCH PROJECTS
THAT BRING ABOUT A SIGNIFICANT DECREASE
IN THE INCIDENCE OF HEART DISEASE.

THE LATEST TREATMENTS

INNOVATIVE, ULTRASPECIAZILED
THERAPIES OFFERED IN A MODERN
FACILITY EQUIPPED WITH
STATE-OF-THE-ART TECHNOLOGY.

Key numbers

The Montreal Heart Institute is...

- More than **2,084** employees, including **539** nurses and **77** regular researchers
- **230** physicians members of the CPDP, including **60** cardiologists, **12** cardiac surgeons and **12** anesthesiologists
- **12** pharmacists members of the CPDP
- Over **680** students, interns, residents and fellows in cardiology-related fields
- **153** licenced beds (150 set up) including **21** in coronary care, **21** in medical intensive care and **24** in surgical intensive care
- Highly specialized care
- The largest centre for preventive medicine in Canada
- The leading teaching hospital for cardiovascular disease in Canada
- A world-renowned research centre

Annual activities...

- **2,121** surgical procedures, including **1,785** major heart surgeries (coronary bypasses, valvular surgeries and heart transplants) and **336** other surgical procedures, including biopsies
- **6,582** hemodynamic procedures
- **2,332** electrophysiology procedures
- **7,681** hospital admissions
- **17,131** visits to emergency
- **80,972** visits to the emergency department

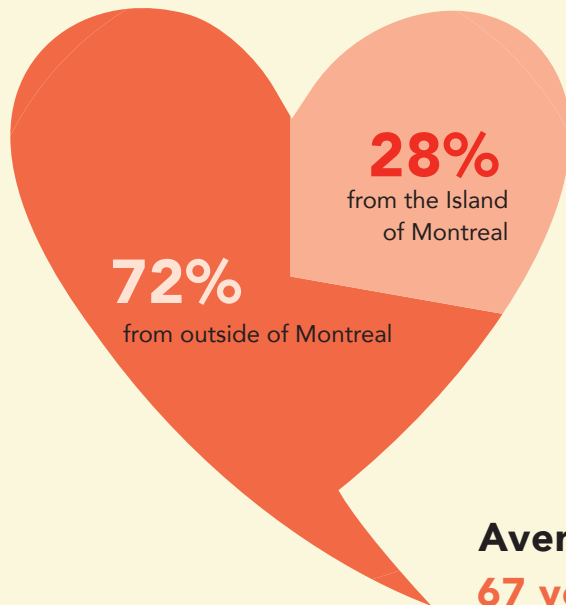
The Montreal Heart Institute Foundation...

- **\$10.4 million** allocated to the Institute in 2014-2015 specially for care, research, prevention and teaching



The MHI's Clients

Where our hospitalized patients come from:



Average age of our patients:
67 years

Types of procedures:

- 2,271** patients received endovascular coronary, bioabsorbable, drug-eluting or standard stents
- 888** patients had a coronary bypass
- 755** patients had valvular heart surgery (107 by a minimally invasive approach)
- 634** received a cardiac pacemaker
- 603** patients underwent catheter ablation of cardiac arrhythmia
- 466** received a cardiac defibrillator

The Montreal Heart Institute's accomplishments

The Montreal Heart Institute's remarkable accomplishments have helped it rank among the most prominent cardiology centres in the world thanks to both the quality of care it offers patients and for its dedication to research, prevention and teaching.

Care



DR. PIERRE PAGE
HEART SURGEON
AND DIRECTOR OF
PROFESSIONAL SERVICES

The Montreal Heart Institute brings together passionate experts who push the boundaries of medicine to provide ultraspecialized care to Quebecers.

With the support of the Foundation, the Institute's mission is to provide patients

with exceptional personalized and high-precision care in a modern and cutting-edge environment.

Interventional Cardiology

The 23rd Interventional Cardiology Symposium took place at Place des Arts on June 12 to 14, 2014. Participants were able to view a live feed of procedures taking place in the Montreal Heart Institute's hemodynamics rooms. This medical training activity showcased the Institute's excellence and leadership in interventional cardiology, in partnership with internationally-renowned expert colleagues.

Thanks to their in-depth expertise, and renowned for these broadcasts, the Electrophysiology Service team was invited in 2014 to present cases via a live feed to two of the industry's most prestigious congresses, TCT and PCR. This partnership with Columbia University (TCT) and the PCR family will help us demonstrate the expertise that has been developed within our service for more than 25 years.

From a clinical standpoint, 2014 was a year marked by an important accomplishment: we achieved the status of international centre of excellence in 3 leading-edge fields: implantation of bioabsorbable stents (stents implanted to open obstructed coronary

arteries, different from metal stents because they are eventually completely absorbed by the body), percutaneous occlusion of atrial appendages (the part of the heart where blood clots can accumulate is sealed off; these clots can reach the brain and cause paralysis) and percutaneous treatment for mitral insufficiency (repair of a leaky heart valve using technology similar to staples that can be applied without open heart surgery). This is a testament to the Montreal Heart Institute's global reputation as a clinical and scientific leader in these highly specialized fields.



A 9th echocardiography room

Over the last year, a dedicated donation allowed the MHI to consolidate the technology park devoted to echocardiography by acquiring a latest generation device. Considering how much imaging and cardiology intervention has progressed in the last few years, this new addition has significantly increased the number of exams that can be carried out by several hundreds. In addition, it has increased access to the echocardiography lab so staff can analyze the impact of new techniques developed at the MHI such as new prosthetic heart valves, new procedural techniques (TAVI, Mitra-Clip, etc.) and new imaging techniques (4D, myocardite mechanism, etc.). It is an incredible asset that will allow the echocardiography lab to maintain its leading-edge status in cardiovascular imaging.

Implantation of a new leadless miniature cardiac pacemaker



LEADLESS
MINIATURE PACEMAKER

On October 24, 2014, Dr. Bernard Thibault and Dr. Marc Dubuc, electrophysiology cardiologists at the MHI and professors of medicine at Université de Montréal, implanted a new

Nanostim leadless pacema-

ker in an 87-year-old patient. It was the first time the procedure was performed in Quebec and the patient was discharged less than 24 hours later. The device, developed by St. Jude Medical, is smaller than a AAA battery and can be inserted without a lead or thoracic incision. It is completely located within the heart's right ventricle and leaves no scar or permanent lump under the skin. The Montreal Heart Institute is the only centre in Quebec to have taken part in the "Leadless II" international clinical trial.

"Taking brisker walks... doing yard work without experiencing a shortness of breath, being able to dance more freely. In sum, thanks to your help, I've never felt better."

Gaëtan Cadieux, August 2014

The first use in Quebec of the Reveal LINQ miniature cardiac monitoring system

On May 13, 2014, the MHI became the first hospital in Quebec and one of the first in Canada to implant the Reveal LINQ ICM, the world's smallest cardiac monitoring system. The team responsible for this accomplishment included cardiac electrophysiologists Peter Guerra and Bernard Thibault and fellow Sandrine Venier. Media representatives were invited to the MHI to witness this momentous first.

The device, almost invisible to the naked eye once inserted, allows doctors to continuously monitor their patients' heart rates. Thanks to the remote monitoring system CareLink, doctors are notified if a patient experiences a cardiac event.

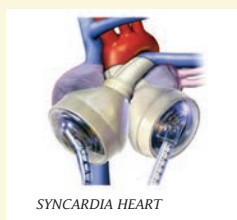
Minimally invasive surgery

The MHI is a renowned leader when it comes to developing minimally invasive surgical procedures. In fact, the 500th intervention of this type was recently performed on the mitral valve. Additionally, new prosthetic heart valve technology allows doctors to replace the aortic valve with only a small incision and without the use of sutures.



REVEAL LINQ MINIATURE CARDIAC MONITORING SYSTEM

MHI specialists implant the 51st SynCardia artificial heart in a 20-year-old patient



SYNCARDIA HEART

During the fall of 2014, specialists at the MHI implanted the 50th and 51st SynCardia artificial hearts, the latter in a 20-year-old patient. An artificial heart represents the only solution for patients in danger of dying from biventricular failure when danger for a heart transplant.

The total artificial heart allows for better blood flow which in turn increases chances of survival and enhances the patient's health until they can receive a heart transplant. The Montreal Heart Institute is the only centre in Canada to implant the CardioWest (SynCardia) total artificial heart and performs the procedure three to five times every year.

The Montreal Heart Institute's accomplishments

(continued)

"... Thanks to you, I am doing well and am feeling even better... than I have in a long time. Thank you again."

Pierre Beaulieu, November 2014

A device that saves a lot of blood products

The Institute has acquired a Rotem® thromboelastometry system, used to measure the blood's ability to clot. It can analyze the blood of patients who bleed in order to determine which blood component is at fault, allowing medical staff to provide the patient with the right blood product more quickly. The MHI was the first centre in Canada to purchase this device and the first hospital in Quebec to use it in a clinical setting. Thanks to an algorithm used by the department of anesthesiology and guided by the Rotem®, the Institute was able to reduce the amount of blood products needed in operating rooms and in the intensive care unit by at least 30%, representing annual savings of more than \$930,000.

"... Our MHI performs wonders and miracles, including transplants. Thank you."

Michel Martin, December 2014

A MHI team in Ethiopia

A team of medical specialists that included Dr. Nancy Poirier and Dr. Denis Bouchard, cardiac surgeons, Dr. Alexandra Chronopoulos, intensivist, Dr. Mounir Riahi, cardiology fellow at the MHI, and Dr. Joaquim Miro, hemodynamics cardiologist at CHU Sainte-Justine, made their way to the Cardiac Center in Addis Abeba in Ethiopia in order to perform hemodynamic cardiac surgeries and procedures. The mission's goal was to train and educate local teams in order to develop the expertise available at the new hospital centre that is part of the Children's Heart Fund of Ethiopia.

Presence of a Users' Committee at the MHI

In 2014-2015, the Users' Committee consolidated the volunteer group. The Committee was also involved in creating a satisfaction survey carried out by the MHI in accordance with practices established by Accreditation Canada. The Committee also financed the Ethics Specialist position, among other things. Moreover, several meetings were held with the MHI's executive team to discuss issues or concerns raised by patients and users in order to better understand their needs and the best ways to meet these needs.

"The quality of care I received was exceptional, as was the information they provided me.... patient handbook... pre-admission meeting... post-operative education... they were all incredibly useful."

Pierre Laramée, November 2014

Prevention



Dr. Martin Juneau,
Cardiologist and Director
of Prevention

Since its founding, the Montreal Heart Institute has made it a mission to demonstrate the cardiovascular benefits of physical activity. As the first Canadian centre recognized by the World Health Organization as a "Health

Promoting Hospital," the Montreal Heart Institute is positioned as an undisputed leader in the prevention of cardiovascular disease in North America.

Thanks to support from the Foundation, Institute specialists carry out cutting-edge research to reduce risk factors and promote healthy lifestyles in order to decrease the incidence of cardiovascular disease.



AQUABIKE AT EPIC CENTRE

EPIC Centre: focusing on prevention

This year, prevention clinics welcomed more than 7,500 visitors. Almost 4,000 treadmill stress tests for cardiovascular evaluation, in primary and secondary prevention, took place at the EPIC Centre, the MHI's centre for preventive medicine and physical activity. Over the past 12 months, approximately 300,000 visits were made to our centre where patients spend on average 250,000 hours working out every year. They can choose from among 138 courses offered in the gymnasium or the pool.

Column: "Think of Your Heart"

More than one million Quebecers could read, for a fourth consecutive year, a column titled "Think of Your Heart" generously published in TC Media's dailies thanks to a partnership with Transcontinental. Published in collaboration with professionals at the Institute and EPIC Centre, the column penned by Dr. Martin Juneau, cardiologist and Director of Prevention at the MHI, addressed issues related to cardiology and ways of preventing heart disease.

Healthy lifestyle habits: the MHI preaches by example

For a fourth year in a row, the MHI focused on promoting healthy lifestyle habits at work by taking on the 5/30 Health and Wellness Challenge as a team and inviting employees to register for the Montreal Marathon. To encourage staff to develop healthy lifestyle habits, employees were able to take part in group activities allowing them to be more physically active at work and were given the opportunity to work out with professional trainers. The 5/30 Health and Wellness Challenge, along with the Quit To Win! Challenge, is an initiative of Capsana. Its mission is to help individuals take charge of their health.



THE MHI'S MONTREAL MARATHON TEAM

Smoking cessation program

The MHI is dedicated to helping its patients adopt healthy lifestyle habits and make positive changes. Whether through its involvement in the well-known Quit to Win! Challenge, or through its smoking cessation program for patients hospitalized at the MHI, the Institute encourages individuals to quit smoking. This year, meetings were held with 985 patients who smoke with this goal in mind.

Transplant recipients and specialists team up for the Grand défi Pierre Lavoie

In order to show that organ transplants can save lives and that those who have undergone the procedure can perform great athletic feats, Michel Léveillé, recipient of a heart transplant, and his team of medical specialists (Dr. Michel Carrier, cardiac surgeon, Dr. Anique Ducharme, cardiologist, Marie-Soleil Brosseau, perfusionist and Nancy Gravel, nurse) jumped on their bikes and relayed each other from Saguenay Lac-Saint-Jean all the way back to the city (1,000 kilometres in 60 consecutive hours). The MHI sponsors the Défi and is very involved in the event because the Institute's Dr. Juneau is a member of the Défi's Board of Directors.

The Montreal Heart Institute's accomplishments

(continued)

Heart specialists in elementary school

Dr. Anique Ducharme, cardiologist, Nancy Gravel, operating room nurse, and Robert Brosseau, patient at the MHI, met with students at Notre-Dame-de-Lourdes elementary school in St. Donat last June to talk about the importance of healthy lifestyle habits. The MHI has had a special relationship with this low-income school for the past three years. In fact, the school is sponsored by the MHI's cycling team at the Grand défi Pierre Lavoie. Funds raised by the team during the Défi are donated to the school and used to organize activities that promote healthy lifestyle habits.

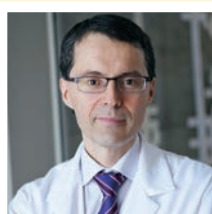
Excelling in spite of heart disease

On August 22, 2014, five members of the Montreal Health Institute's EPIC Centre climbed Mount Washington despite suffering from heart conditions. By doing so, they wanted to show that with the right preparation, anyone can push their physical and psychological boundaries. Michel Filion initiated the project after suffering a cardiac event because he wanted to create a group challenge that would inspire him to push his personal limits. In addition to completing their self-imposed challenge, the participants also raised funds for the EPIC Centre.



MOUNT WASHINGTON SUMMIT

Research



Dr. Jean-Claude Tardif,
Cardiologist and Director
of Research Center

The Montreal Heart Institute has set up the largest cardiology research centre in Canada and has now become a world leader in the field. The Centre focuses on both clinical and basic research with activities that range from studying genes to large-scale

clinical studies that aim to increase patients' health and wellbeing. Today, the Centre includes more than 625 individuals dedicated to making discoveries that change people's lives.

The Montreal Heart Institute Foundation's objective is to support research that changes people's lives and help them live longer, healthier lives. Over the next few years, the Foundation will support developing approaches that allow researchers to detect the hereditary factors at play in heart disease and use these findings to tailor treatments to individual patients.

A world first: personalized cardiovascular medicine becoming a reality

The team of Dr. Jean-Claude Tardif and Dr. Marie-Pierre Dubé has discovered that a gene mutation could predict coronary patients' response to dalcetrapib, a new drug that increases HDL (good cholesterol) levels. Patients carrying the genetic mutation on two chromosomes experienced a nearly 40% decrease in harmful cardiac events as well as a decrease in the size of the atheromatous plaque. Inversely, patients without the genetic mutation experienced a negative response to dalcetrapib with an increase in the size of the atheromatous plaque along with an increase in cardiac events. The initial clinical study failed to reach statistical significance. However, this is a world first

that supports the personalized approach concept for medical care when it comes to heart disease. In fact, the study places the Institute as a research leader in a field whose medium-term objectives are to improve the efficiency of treatments, decrease side effects and reduce the costs associated with healthcare.

The largest cardiovascular pharmacogenomics study in the world begins at the Institute

The experienced team of Dr. Jean-Claude Tardif and Dr. Marie-Pierre Dubé will genotype and sequence the genome of 80,000 patients thanks to a special partnership with AstraZeneca. Samples come from patients who took part in approximately 100 clinical studies carried out to test about 10 drugs. The patients were well characterized and were monitored during their treatment and for several years afterwards. The clinical and genetic data collected will be analyzed by the Institute's researchers and will be made available to the scientific community. That way, not only does the Institute contribute to identifying patients at risk and those who could benefit from treatments, the Institute will also demonstrate that it is a world-class organization capable of stimulating international collaborations.



THE MHI AND ASTRAZENECA REPRESENTATIVES

Treating the heart to protect the brain

Dr. Lena Rivard, Dr. Paul Khairy, Dr. Mario Talajic and Dr. Denis Roy currently oversee the BRAIN-AF study. It was coordinated by the MHICC and financed by the Canadian Stroke Prevention Intervention Network (C-Spin) and pharmaceutical company Bayer. The study (Blinded Randomized trial of Anticoagulation to prevent Ischemic stroke and Neurocognitive impairment in Atrial Fibrillation) aims to test the hypothesis that dementia and memory loss can be prevented by anticoagulation in patients with atrial fibrillation, a common form of arrhythmia. The expected increase in the number of elderly patients suffering

from memory problems and dementia is a medical challenge that can only be overcome by preventing the causes at play. Micro-clots, produced by ineffective contractions of the atria that send blood to the brain, create micro-embolisms that clog the brain's small blood vessels. The effects of these micro-embolisms might go unnoticed at first but a long-term accumulation is strongly suspected of accelerating memory loss linked to age and, in a worst case scenario, may lead to dementia.

New type of catheter to evaluate the atheromatous plaque

Dr. Frédéric Lesage, professor at the École Polytechnique de Montréal and researcher at the Institute, has developed a new type of catheter to evaluate atheromatous plaques. The catheter relies on three different integrated methods: photoacoustic imaging, ultrasonography and fluorescence. It can study the plaque's structure and the artery wall, just like current catheters, but it can also analyze the plaque's movement. In truth, an atheromatous plaque is not inert; it is continually restructuring itself as a result of the numerous interventions from inflammatory cells. Thanks to their trimodal technique, Dr. Tardif's research team was able to demonstrate the potentials associated with their approach, one that could be used to identify patients at risk of a plaque rupture, the leading cause of myocardial infarctions.

A major advance in human genetics

Dr. Guillaume Lettre led a major study published in the prestigious publication *Nature Genetics* revealing that genetic mutations in genes associated with blood cell functions increase the risk of some hematologic and cardiovascular diseases.

Significant improvement in catheter ablation success rates for treatment of atrial fibrillation

Dr. Laurent Macle and his team led the ADVICE clinical study and their results were accepted for publication in the prestigious journal *The Lancet*. This large-scale international study demonstrated the usefulness of a pharmacological manoeuvre to guide catheter ablation and significantly increase the procedure's success rate in patients suffering from atrial fibrillation.

The Montreal Heart Institute's accomplishments

(continued)

Intervention on the coronary sinus of patients suffering from severe angina

Dr. Marc Jolicoeur co-directed and played a major role in the success of the COSIRA study which demonstrated the potential of a procedure that constricts the coronary sinus in patients with severe angina. The study's results were published in the prominent *New England Journal of Medicine*.

New name for the Desmarais Family Research Centre

An official naming ceremony was held on June 3, 2014 for the Montreal Heart Foundation's Desmarais Family Research Centre. The event was attended by members of the Desmarais family, the Right Honourable Brian Mulroney, former prime minister of Quebec Lucien Bouchard, Dr. Gaétan Barrette, Minister of Health and Social Services and friends, doctors and employees of the Montreal Heart Institute, the Foundation and the Research Centre.



MEMBERS OF THE DESMARAIS FAMILY

The Institute participates in several major clinical studies in 2014

PARADIGM-HF, TOPCAT, SIGNIFY, ALECARDIO are all acronyms of major clinical studies in cardiovascular medicine whose results were published in 2014 in the world's most prestigious medical journals, such as the *Journal of the American Medical Association* and

the *New England Journal of Medicine*. Researchers at the Institute, including Dr. Eileen O'Meara, Dr. Jean Rouleau and Dr. Jean-Claude Tardif, all played a significant role in overseeing these clinical studies. Results will increase our knowledge and help us improve patient care.

XVIIth Day of Research



60 years of science. That was the theme of the MHI's XVIIth Day of Research, held in June 2014 and presided by Dr. Gaétan Mayer and Dr. Nicolas Boussette. The event included 15 oral presentations and 56 poster presentations and allowed attendees to discover leading-edge basic and clinical research from students at the MHI's

Research Centre. The occasion also served to pay tribute to Jacques Landreville who passed away on May 24, 2014. Mr. Landreville was a transplant recipient of the MHI, a member of the Board of Directors and one of the Foundation's generous donors. He also created the Jacques Landreville Family Foundation Award to reward the best presentations in the seminar program. The Jacques Landreville prize was awarded this year to Chloé Lévesque (M.Sc.), Fanny Toussaint (Ph.D.) and Matthieu Ruiz (Post-doc.). The MHI Foundation's J.-Louis Lévesque Award for best oral presentation was given this year to Matthieu Ruiz and Fanny Toussaint for their work in basic research while Francis Toupin won for his work related to clinical research.

Biobank

The Biobank's goal is to recruit 30,000 volunteers from around Quebec to be part of research projects. It will form one of the largest hospital cohorts in the world.

The Biobank project collects biological samples and data that sheds light on health and lifestyle habits, both nutritional and psychosocial, of participants. What makes the Biobank unique is that every participant is tracked throughout their lives and their personal information is updated thanks to a phone interview every four years.

In the long run, the Biobank will help researchers, doctors and professionals working at the Montreal Heart Institute to better detect the causes of cardiovascular diseases, develop better diagnosis and prevention tools as well as more efficient treatments. Thanks to this ground-breaking project, the Institute will contribute to advancements in the medical field and help develop a more specialized medical care by being able to provide the right drug to the right patient according to their genetic heritage. The Institute's Biobank celebrated its 20,000th participant in February 2015.



Teaching



*Dr. Annie Dore,
Cardiologist and Director
of Education*

The Montreal Heart Institute has become one of the country's largest training centres in cardiovascular health. Each year, the MHI trains over 700 health care professionals from various backgrounds who mostly come from Quebec but who also hail from around the world.

To date, over 500 cardiologists, cardiac surgeons and other international specialists have developed their expertise in cutting-edge cardiovascular care at the MHI.

The Foundation promotes the development of professionals at the Montreal Heart Institute. Each year, it contributes financially to the academic or postdoctoral training of doctors and nurses. All members of the care team are eligible for awards and scholarships from the Foundation.

Transfer of continuing education activities from the Nursing Department's executive team to the Education Department's executive team

In order to provide continuing education that is organizationally integrated, to optimize internal support resources and provide the largest number of training activities possible to network partners, continuing education activities for nurses have been centralized under the Education Department's executive team.

Scientific videoconferencing program

The program, launched in 2005, becomes more popular every year. More than 25 lectures were broadcast live over the past two years and the number of participants has increased by 30%. Approximately 20 hospitals participate in the live videoconferences.

The Montreal Heart Institute's accomplishments

(continued)

Continuing education workshops in tertiary electrophysiology for Canadian and foreign doctors

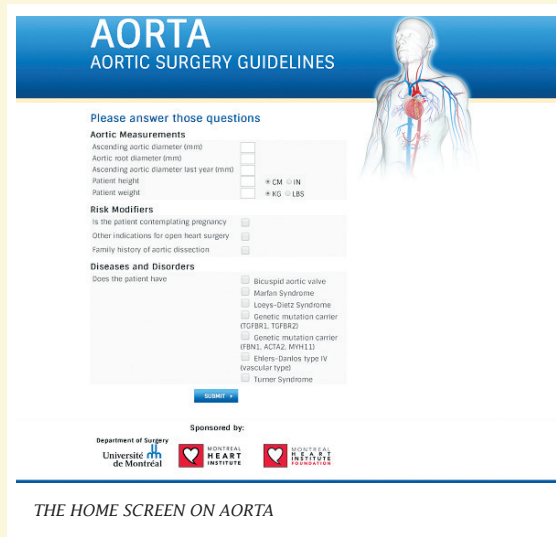
The workshop program, organized for the past nine years by members of the MHI's Electrophysiology Service, presents complex theoretical concepts to electrophysiologists from around the world while allowing them to observe cases that underline the expertise of the MHI's doctors. Participants can also practice certain techniques in the animal laboratory. This year, 64 doctors took part in 24 workshops.

Aorta, a new free app for cardiologists and cardiac surgeons

Three of the Montreal Heart Institute's cardiac surgeons, Dr. Yoan Lamarche, Dr. Ismail El-Hamamsy and Dr. Philippe Demers have developed Aorta, a free app that provides specialists with recommendations on procedures used to replace the aorta based on the patient's profile, according to the most recent scientific criteria.

The app is easy to use and will help doctors provide personalized medical care tailored to their patient's profile. Aorta was developed for cardiologists, cardiac surgeons and family doctors who treat patients

suffering from aortic aneurysms, an abnormal dilation of the thoracic aorta. Thanks to a series of short key questions, the app provides the appropriate recommendations on whether or not surgery is necessary. The app also takes into account the specificities of aortic aneurysm treatments established by the world's largest scientific organizations: the American Heart Association, the American College of Cardiology, the Canadian Cardiovascular Society and the European Society of Cardiology.



Honour roll

2014 MHI RECOGNITION AWARDS

Given out every year for the past 17 years, the MHI's Recognition Awards thank staff for their exceptional contributions to the Institute's advances and reputation.

AWARD FOR NON-CLINICAL STAFF

Ms. Nathalie Derville,
Medical secretary – Outpatient consultations

AWARD FROM THE MULTIDISCIPLINARY COUNCIL

Mr. Eduardo Vives Urena,
Respiratory therapist – Respiratory therapy services

AWARD FROM THE COUNCIL OF PHYSICIANS, DENTISTS AND PHARMACISTS

Dr. Pierre Théroux,
Cardiologist

AWARD FROM THE COUNCIL OF NURSES

Ms. Francine Tessier,
Nurse – Intensive Care

AWARD FROM THE MANAGERS ASSOCIATION OF THE MONTREAL HEART INSTITUTE

Mr. David Langlois,
Coordinator - Building services

EXECUTIVE DIRECTOR'S AWARD

Ms. Christine Villemaire,
Director - Pacemaker/defibrillator clinic



2014 RECIPIENTS OF THE RECOGNITION AWARDS

Recognition Awards

Dr. Jean-Claude Tardif – *Cardiologist and Director of the MHI Research Centre*



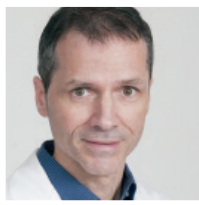
Order of Canada

On December 27, 2014, his excellency the Right Honourable David Johnston, Governor General of Canada, announced the induction of Dr. Tardif into the Order of Canada.

Drs. Maxime Tremblay Gravel, Robert Avram, Guillaume Marquis Gravel and Olivier Desplantie – *Residents in cardiology*



Dr. Jocelyn Dupuis – *Cardiologist and researcher at the MHI*



Merck Sharp & Dohme Corp. Funding Program at Université de Montréal's Faculty of Medicine.

First prize of the CCS-Bayer Vascular Award

The award is given during the Canadian Cardiovascular Society's annual congress. Their research program is mentored by Dr. Anique Ducharme and Dr. Marc Jolicoeur.

Dr. Martin Juneau – *Cardiologist and Director of Prevention at the MHI*

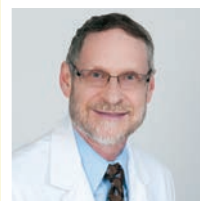


Tribute Award

A tribute to Dr. Martin Juneau, cardiologist and Director of Prevention at the Montreal Heart Institute (MHI) was held on May 1. The evening was dedicated to highlighting Dr. Juneau's 30-year career dedicated to prevention and research.

Dr. Martin Juneau also received the 2014 *Prix coeur et action* from Rogers Media.

Dr. Stanley Nattel – *Clinical cardiologist and Director of Electrophysiology Research at the MHI Research Centre*

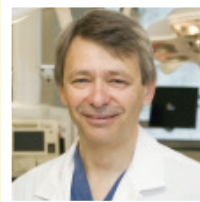


Jean Coutu Group Grant for Excellence.

Outstanding Achievement Award 2014 of the European Cardiac Arrhythmia Society.

Distinguished Lecturer in Cardiovascular Sciences Award from the Canadian Cardiovascular Society.

Dr. Michel Carrier – *Cardiovascular and thoracic surgeon and Co-Director of the Heart Transplant and Artificial Heart Program*



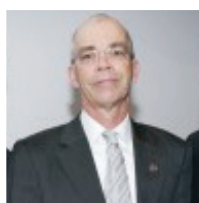
Research mentor Award Department of Surgery – Université de Montréal.

Dr. Michel Pellerin – *Cardiovascular and thoracic surgeon*



Teacher of the year Award
– Cardiac surgery division
Université de Montréal.

Dr. Michel Joyal – *Cardiologist*



Career Merit Award from
the Department of Medicine
at Université de Montréal.

Dr. Paul Khairy – *Cardiologist and Director of the Adult Congenital Disease Centre*



Dr. Khairy was inducted into
the College of New Scholars,
Artists and Scientists of the
Royal Society of Canada.

Dr. Normand Racine – *Cardiologist and Co-Director of the Heart Transplant and Artificial Heart Program*



Professor Emeritus
Award from the Canadian
Cardiovascular Society.

Dr. Louis-P. Perrault – *Cardiovascular and thoracic surgeon and Chief of Service of the Surgery Department*



Nominated for the
President of the Canadian
Society of Cardiac Surgeons.

Nominated as Principal
Investigator in Canada for
the Cardiac Thoracic
Surgery Network.

Dr. Denis Roy – *Cardiologist and Executive Director of the MHI*



Tribute Award at the MHIF's
Soirée des Cœurs Universels.

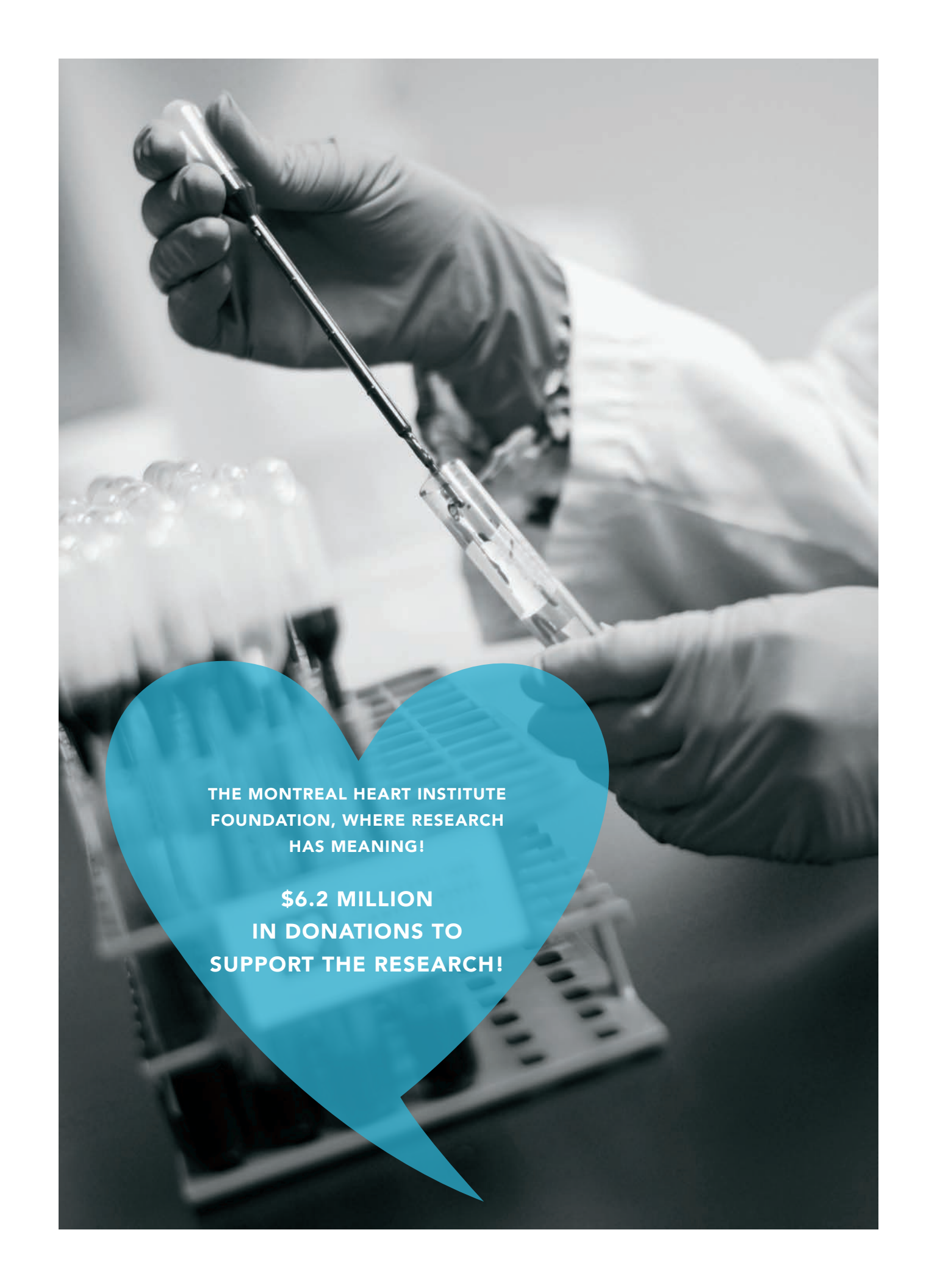
Dr. Anique Ducharme – *Cardiologist and Coordinator of the Heart Failure Clinic*



Teacher of the Year Award
chosen by cardiology
residents at Université
de Montréal.

An award for the MHI's new website

The MHI's new website earned the top award at the Prix de la Communication de l'Association québécoise des établissements de santé et de services sociaux (AQESSS) on June 26, 2014. The award is given to the best internal and external communication projects from communication teams part of member organizations of the AQESSS.



**THE MONTREAL HEART INSTITUTE
FOUNDATION, WHERE RESEARCH
HAS MEANING!**

**\$6.2 MILLION
IN DONATIONS TO
SUPPORT THE RESEARCH!**

The Foundation Helps Make Hearts Beat

Since its creation in 1977, the Montreal Heart Institute Foundation has worked to realize the dreams and projects of professionals at the Institute. The Foundation helps them push the boundaries of research, care, prevention and teaching and contributes to the advancement of the Institute's priority projects.

The Foundation has given **\$200 million** to the Institute to date. Thanks to these donations, innovative projects have been launched to improve treatment for patients with cardiovascular disease, particularly through less invasive techniques that focus more on prevention and that are on the vanguard of knowledge and technology. These tangible technological and medical advances make a real difference in patients' lives.

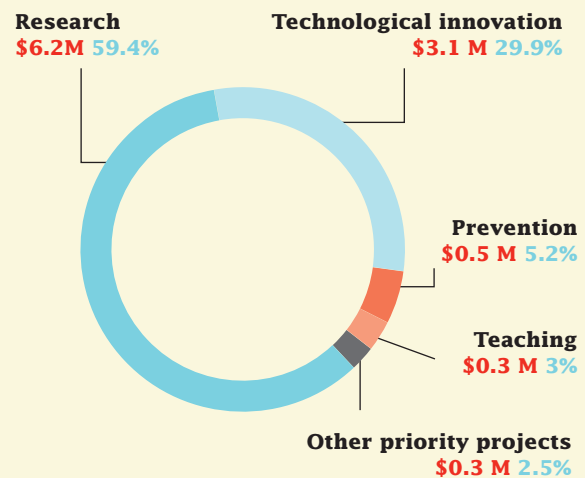
Activity report

The surplus of revenues over expenses, before payment of contributions, is **\$19.7 million**. This amount was used in the following way:

Where do your donations go?

Like a healthy heart to a patient, the Foundation is an essential part of the Montreal Heart Institute.

In 2014-2015, the Foundation allocated **\$10.4 million** to the Montreal Heart Institute. That amount can be divided as follows:



Annual contribution to the MHI
\$10.4 million



Amount added to the Foundation's endowment fund
\$4.8 million



Amount available for the Invest in Excellence development project
\$3.9 million



Other
\$0.6 million

Heart Beat for the Future Campaign

The *Heart Beat for the Future* fundraising campaign has raised more than \$70 million since its launch in 2006 and the Foundation has received 90% of that sum.

Thanks to the generous donors who have helped the campaign, many of the MHI's priority projects will see the light of day. For instance, the MHI was able to buy PET-CT equipment, to add a new hemodynamic research lab and plan the expansion of the EPIC Centre. Additionally, researchers received crucial support and funding for 65 different projects. Thanks to the *Heart Beat for the Future* Campaign, phase

2 of the *Invest in Excellence* project will begin. The project's goal is to expand and reorganize emergency services, group outpatient services and build a new cardiovascular health training centre.

We want to thank everyone who took part in the *Heart Beat for the Future* Campaign. Thanks to their support and generosity, they've helped the Institute remain at the forefront of the industry and maintain its status as an organization capable of pushing the boundaries of medicine to offer Quebecers exceptional highly specialized care.

\$5 million and over

Gisèle Beaulieu et Michel Saucier

\$2 to \$5 million

Bell

Marissa et Francesco Bellini

BMO Groupe financier

Boston Scientific Ltd.

André Desmarais et France Chrétien Desmarais

Paul et Jacqueline Desmarais

Fondation J.-Louis Lévesque

Hydro-Québec

The J.W. McConnell Family Foundation

Power Corporation du Canada

St.Jude Medical Canada Inc.

\$1 to \$2 million

Banque Nationale

Claudine & Stephen Bronfman Family Foundation

CGI

CN

Paul et Hélène Desmarais

Fondation J. Armand Bombardier

Fondation J.A. De Sève

Fondation Jeunesse-Vie

La Great-West, London Life et Canada-Vie

Michal & Renata Hornstein

Mouvement des caisses Desjardins

RBC Fondation

Richard J. & Carolyn Renaud

Saputo inc.

\$500,000 to \$1 million

AstraZeneca Canada Inc.

Banque CIBC

Banque Scotia

Groupe financier Banque TD

Peter Munk Charitable Foundation

Rio Tinto Alcan

Sanofi-Aventis Canada Inc.

\$100,000 to \$500,000

Administration portuaire de Montréal

Dr. Andre & Mrs. Nussia Aisenstadt

Alimentation Couche-Tard inc.

ATCO Group

Banque Laurentienne

CAE Inc.

Les Cardiologues Associés de l'ICM

Dalfen Family Foundation

Frances & Reuben Dubrofsky / Kaycan Ltd.

Financière Manuvie/Manulife Financial

The Aaron & Wally Fish Family Foundation

Fondation de la famille Lemaire

Fondation Fernand R. Bibeau

Gaz Métro

Groupe Canam Inc.

Groupe Cogeco Inc.

Jean-Guy Hamelin

The Mel Hoppenheim Family Foundation

The Sandra & Leo Kolber Foundation

Maple Leaf Foods Inc.

Metro inc.

Pratt & Whitney Canada

Rona inc.

Succession Jean-Denis Laramée

Sun Life Financial

Transcontinental inc.

\$50,000 to \$100,000

Les Anesthésistes Associés de l'ICM

ArcelorMittal Montréal Inc.

Fondation Marcel et Rolande Gosselin

La Fondation Samson Bélair
Deloitte & Touche Canada

Daniel Lamarre

Lieberman Tranchemontagne

G. Wallage F. McCain

Merck Frosst Canada Ltd.

Monitor Angelcare

\$25,000 to \$50,000

Air Liquide Canada

Chirurgiens Cardiaques Associés de l'ICM

Construction Albert Jean Ltée

Dessau Inc.

La Fondation Luigi Liberatore

Irma & Robert Fragman

Louis A Tanguay

** Because there are numerous donors, we can only publish the names of those who have donated \$25,000 or more.*

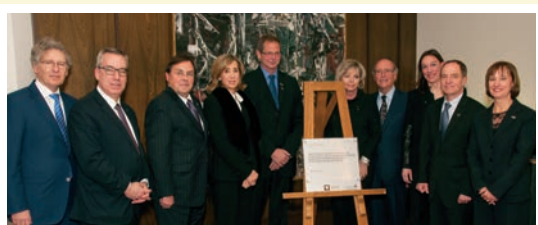
The Montreal Heart Institute Foundation accomplishments

The new Marcelle and Jean Coutu Chair is created at Université de Montréal thanks to support from the Montreal Heart Institute Foundation

The new Chair was created this year thanks to a \$1.5 million donation from the Marcelle and Jean Coutu Foundation to the Montreal Heart Institute Foundation. The Chair's goal is to encourage the development of innovative surgical treatments for heart failure at Université de Montréal. It also aims to fuel basic and applied research in cell therapy, tissue engineering, cardiac transplantation and ventricular assistance along with preclinical development and clinical establishment of therapeutic innovations in these fields.

There are urgent and ever-growing needs associated with new treatments that seek to reverse pathological processes, improve cardiac functions and enhance the quality of life of patients suffering from terminal heart failure. Thanks to this generous donation, the Université de Montréal and the MHI, along with the first Chair Director, Dr. Louis-Paul Perreault, believe that patients who do not respond to conventional medical treatments will be able to obtain innovative treatments adapted to their condition and characteristics.

The creation of the Chair was also possible thanks to Ms. Lise Watier, Mr. Serge Rocheleau, as well as the Sibylla Foundation and the John Dobson Foundation. A special thanks to Mr. Philippe Angers for his precious collaboration in the creation of this Chair.



The Foundation's Medals of Honour Ceremony

During a dinner event organized at Power Corporation of Canada's headquarters to celebrate the Institute's 60th anniversary, the MHIF handed its Medals of Honour. Honorary Presidents France Chrétien Desmarais, André Desmarais, Henri-Paul Rousseau and Mélanie La Couture awarded the medals to Nicole Bureau-Tobin, first President of the Foundation; Suzanne Lévesque, President and Executive Director of the J.-Louis Lévesque Foundation which greatly supports the MHI; André Bérard, Co-President of the *Make a Heartfelt Choice* campaign in 1998, first Honorary President of the *Bal du Coeur* in 1999 and Co-President of the *Grand Bal des Vins-Coeur* in 2011. Also receiving medals were Raymond Fortier, member of the Foundation's Board of Directors for 14 years; Serge Godin who was Co-President of the *Heart Beat for the Future* fundraising campaign launched in 2006; Tony Meti, creator of the *Bal du Coeur* and member of the Foundation's Board of Directors for the past 12 years; Jean Royer, member of the MHI's Board of Directors from 2004 to 2009 who oversaw the *Invest in Excellence* development plan; Michael Sabia, Co-President of the *Heart Beat for the Future* Campaign; Louis A Tanguay, member of the Foundation's Board of Directors for the past 17 years, including 4 years as President and finally, Yves Archambault, Co-President of the *Make a Heartfelt Choice* fundraising campaign.



Doctors and hundreds of donors

On May 20, Mélanie La Couture, Executive Director of the Foundation, welcomed the Foundation's loyal donors to the MHI's annual lecture, this year held under the theme *60 Years of Making Hearts Beat*. The annual congress was held at the Centre Leonardo da Vinci's Mirella and Lino Saputo Theatre. The event sheds light on the MHI's accomplishments while demonstrating how the Foundation contributes to these successes. It's also a great opportunity for us to meet and thank our loyal donors.



SPEAKERS AT THE ANNUAL LECTURE

Legacy gift that makes hearts beat

The Montreal Heart Institute Foundation has received a generous gift from Sylvie Hébert. In accordance with the late Ms. Hébert's wishes, her donation will be used to finance two scholarships for doctoral studies in order to support advances in research on cardiovascular and lung diseases. After assessing different projects, the Research centre's executive team chose to give these two scholarships to Walid Nachar, M.Sc. His research work focuses on diastolic dysfunction of the left ventricle and pulmonary edema. Affecting approximately half of patients suffering from heart failure, diastolic dysfunction of the left ventricle causes

a decrease in the myocardia's performance and can create a pulmonary edema. There are currently no efficient treatments available. Thanks to these scholarships, Mr. Nachar's future work will focus on developing various pharmacological treatments.



MR. WALID NACHAR

Martial G. Bourassa Prize

The award created in 1987 by Dr. Martial G. Bourassa aims to highlight a researcher's excellence in research and active contributions to the Montreal Heart Foundation's scientific advancements. This year's recipient was Dr. Marc Jolicoeur for his lecture titled "L'essai clinique innovatif."



The Montreal Heart Institute Foundation accomplishments

(continued)

Nursing scholarships and fellowships

On May 12, 2014, during National Nursing Week, the Montreal Heart Institute Foundation and the MHI Nursing Department's executive team awarded nursing scholarships and fellowships as well as grants for advanced cardiac reanimation. Twenty-seven scholarships totalling \$48,000 were awarded during the ceremony.

Wanting to highlight the efforts made to advance the profession and improve the health and quality of life of patients and their loved ones, this scholarship project launched in 2007 by the MHIF and the MHI's executive team is funded thanks to a \$500,000 donation from TD Bank and Jean-Pierre Themens, a patient of the MHI and loyal donor to the Foundation.



NURSING SCHOLARSHIP CEREMONY

Unveiling of artwork to highlight the Montreal Heart Institute's 60 years

On October 6, the Montreal Heart Institute unveiled a sculpture titled "Connexion - l'un pour l'autre", created by Dr. Harry Rosen as a gift for the MHI. The unveiling took place in the presence of H el ene David, Minister of Culture and Communications and Minister for the Protection and Promotion of the French Language, deputy of Outremont and daughter of Dr. Paul David, founder of the Institute.

The bronze sculpture is now located in front of the Montreal Heart Institute Research Centre and stands as a testament to the link between the Institute and the community as well as a sign of the Institute's openness to the world. It represents two people with their fist in the air in a sign of victory, with an arm linked together as a symbol of mutual support.



"CONNEXION - L'UN POUR L'AUTRE" SCULPTURE
BY DR. HARRY ROSEN

Ginette Reno sings the national anthem

Ginette Reno's cardiologist, Dr. Jean-Lucien Rouleau of the MHI, wanted to share his prescription for Ms. Reno to sing the anthem for our Habs in a video. More than 30,000 viewers saw the YouTube video produced by lg2 and Stratimages that was uploaded on May 5, 2014. The video also generated more than 50 radio, television and web news reports.

The MHIF at eComMtl

On April 24, Foundation Executive Director Mélanie La Couture was invited to speak at eComMtl. During her talk, she shared the Foundation's experience with the Publitrac relationship marketing platform and the Foundation's intention to develop an even more personalized way to reach subscribers in order to strengthen the relationship with them and personalize communications.

For more than a year, the Foundation has produced newsletters that have been distributed using Publitrac, thanks to the generosity of Gaétan Frigon, President of Publipage and member of the Foundation's Board of Directors. The tool allows the Foundation to reach donors through electronic communications informing them of the investments that were made possible with their help. The newsletters also provide news on our activities and tips to remain healthy.

Honouring the Fainman Family

Thanks to the Morris & Bella Fainman Family Foundation, the MHI was able to acquire a Sonosite X Porte system, cutting-edge ultrasound equipment. Specifically designed for intensive care, the device will allow doctors to evaluate echocardiography in a transthoracic and transoesophageal manner. It will also help doctors evaluate the lungs and pleura of unstable patients following heart surgery. The MHI is the first institute in Canada to acquire this new state-of-the-art imaging technology. The system is easy to learn and maintain.

Honouring Yves Gagnon

A special event was held on the evening of March 12, 2014 to thank Yves Gagnon for his precious assistance in helping the MHI Foundation create a new ultrasound lab and acquire a new generation GE VIVID E9 ultrasound. The ultrasound imaging device can carry out high-quality bi- and tri-dimensional transthoracic

and transoesophageal exams and in-detail evaluations of the heart and cardiac valves' functions to establish a detailed diagnosis and help guide treatments for patients suffering from cardiomyopathy and heart valve disease.



MEMBERS OF THE GAGNON FAMILY

Gregory Charles sings his heart out for the MHI

To celebrate the Institute's 60th anniversary, 150 employees and doctors attended Gregory Charles' Vintage musical revue at the Montreal Casino on May 15. During an entertaining evening that showcased myriad musical worlds, the multitalented artist welcomed guests from the MHI and concluded his concert by wishing our Institute a happy 60th birthday.

Works of art to brighten the MHI halls: approximately 20 of Denis Juneau's paintings on display

The Art for Healing Foundation, which has displayed more than 10,000 paintings in more than 65 hospitals, has lent its collection of works by renowned painter Denis Juneau to the MHI.

Events that bring people together

Grand Bal des Vins-Cœurs

The 14th edition of the *Grand Bal des Vins-Coeur* was held on September 4 at the Uniprix Stadium, under the honorary presidency of the Right Honourable Jean Chrétien, Mr. Bob Rae and musician Oliver Jones. Almost 800 guests attended the MHI's flagship fundraising event where performances by Ginette Reno, Oliver Jones and Cirque du Soleil artists dazzled the crowd. A little over \$3 million was raised during the evening, including \$1.5 million from the Marcelle and Jean Coutu Foundation which will finance a new Chair.

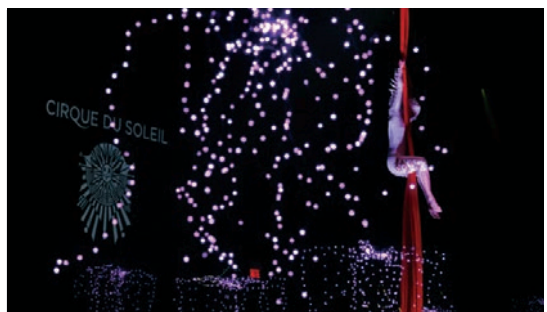
The event also served to pay tribute to Mr. John A. Rae, C.M., Executive Vice-President of Power Corporation of Canada, and highlight his immense generosity and uncontested dedication to helping the Montreal Heart Institute and its Foundation. Mr. Rae has been a member of the Foundation's Board of Directors for almost 25 years.



OFFICIAL GRAND BAL DES VINS-COEURS
CHECK PRESENTATION



MR. JOHN A RAE WITH MR. HENRI-PAUL ROUSSEAU
AND MS. MÉLANIE LA COUTURE



PERFORMANCE BY CIRQUE DU SOLEIL

Izakaya

The Izakaya fundraising event was created by the Montreal Heart Institute Foundation's Emerging Leaders Committee to highlight the work done by the MHI and the Foundation and to raise money. Over 200 young professionals took part in the event's first edition at Espace Réunion in October 2014 and more than \$71,000 was raised during the evening sponsored by BMO Capital Markets.



Cocktail 1 + 1 = 1

A prestigious cocktail event was held on April 16, 2014 at the Montreal Museum of Fine Arts (MMFA) during the 1 + 1 = 1 exposition. Under the honorary presidency of Jean Rizzuto and in the presence of Nathalie Bondil, Director and Curator of the MMFA, the event raised more than \$340,000.



Soirée des Cœurs Universels

The 13th edition of the Soirée des Coeurs Universels took place on October 31. The dinner has become a popular annual gathering and more than 500 guests took part in this year's edition. The evening raised a record \$202,000 for the Foundation. Since its creation, the Soirée des Coeurs Universels has raised more than \$1.1 million.

The evening was also an opportunity to pay tribute to Dr. Denis Roy, President and Executive Director of the Montreal Heart Institute, and to highlight his

dedication to the Institute and the Foundation. Dr. Roy is a brilliant practicing cardiologist, a respected professor of medicine, a world renowned researcher and a great leader who is devoted to making our internationally recognized Institute shine and excel.

The Soirée des Cœurs Universels was held under the honorary presidency of Carmine Mercadante of the Mercadante, Di Pace firm and Mariano A. De Carolis, General Manager of the Caisse populaire Desjardins Canadienne Italienne. The success of the event was due in large part to the hardworking organizing committee comprising Paul Durocher, Vittorio Di Vito, Alex Pacetti, Gerry Guy, Salvatore Migliara and Danièle Trépanier.



TRIBUTE TO DR. DENIS ROY

Good for You, Good for Us

For a 29th consecutive year, the "\$2 Does the Heart Good" campaign, now called "Good for You, Good for Us", raised close to \$400,000 in February 2015. In partnership with IGA grocers in Quebec, and their clients and suppliers, this popular fundraising campaign has raised more than \$8.1 million since it was created.



Events that bring people together

(continued)

Kanawaki golf tournament

Last August, more than 100 golfers came together under a bright sun for the 28th edition of the Kanawaki golf tournament. Almost \$100,000 was raised. Since its creation, the tournament, presided by John A. Rae, has donated more than \$2.5 million to the Foundation.

Montreal International Auto Show Charity Preview

The 11th edition of the Montreal International Auto Show's Charity Preview evening was held on January 15, 2015. Every year, the event raises funds which are then divided among different hospital foundations. By participating, guests were given the opportunity to visit the Auto Show before it officially opened to the public. More than 5,000 attendees were able to discover the new additions to this year's Auto Show while enjoying a magnificent buffet in addition to wine and champagne. For the second year in a row, the Montreal Heart Institute Foundation partnered up with the popular event and received close to \$100,000 of the total \$640,000 raised.



Trip Lottery

The Montreal Heart Institute staff Trip Lottery gives out travel vouchers and cash prizes every month. This year's edition was a great success and raised more than \$107,000 which will be used to buy new equipment.

The Institute's generous staff not only work hard every day to ensure their patients' wellbeing, they also generously donate to the Foundation.

Polo with heart

This high-calibre fundraising event organized by Mr. and Mrs. Pennycook took place on August 9 at the Club Polo Nacional in Ste. Marthe and raised \$48,000 to help finance projects of the MHI's Electrophysiology Service. Almost 300 guests attended the event and watched exciting polo games following a pleasant gourmet meal.



Monaco Group Classic

Generous donors came together during the 23rd edition of the Monaco Group Classic to support hospital foundations. Our Montreal Heart Institute Foundation received \$102,500 thanks to the participation of golfers and the dedication of the event's organizing committee.

Third-party events

The Foundation is extremely lucky to count on dedicated volunteers who organize fundraisers to raise money for the Foundation. In 2014-2015, these generous people helped raise nearly \$300,000 and their commitment deserves to be recognized.

Montreal International Auto Show Charity Preview

Café-détente/cinéma

Daniel Tremblay

Fundraising

The Royal Canadian Legion

CrossFit Competition

Hugo Clermont-Robert

ECGU Course

Dr. Alain Vadeboncoeur
and Dr. Dominic Larose

Défi des Cœurs

Chantale Boucher

Keep Hearts Beating - Donne ta cours

Guylaine Banville
Catherine Chenier / Pierre-Luc Lachance
Christian Colon
Josée Darche
Elsa Desjardins
Jonathan Ledoux
Jacinthe Meek-Baillet
Audrey Sirois

National Bank Golf Tournament

Monaco Group Classic

Weddings

Alina Gaidukevich and Anthony Longo
Florence Hally and Luc Verdy
Amanda Savo and François Giambona

Omnium Roland-Beaulieu

Polo avec Cœur

Random draw to win a quilt

Jeannine Hébert

Clément Phaneuf Golf Tournament

Standing together for the cause

Annie Aubry

Jewellery sale

Angela Migliosa

Sale of charm bracelets

Valérie Masson

Walk the Rockies

Philip Bonnaud-Tremblay



CHANTALE BOUCHER AT THE DEFI DES COEURS

Our Generous Donors

Founder

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Bequests

Donations in 2014-2015: \$1.13 million

Bequests are an exceptional way to allow future generations to benefit from progress in cardiovascular medicine. Once again this year, many donors chose to lend their names to the Montreal Heart Institute's cause. We want to pay tribute to these visionaries whose combined generosity resulted in bequests close to \$675,000.

André Bessette
Gaumont Burattini
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Luc Ménard
Annette Morency
Olivette Payette
Marie-Léa Roussel
Yvan Sénécal

Three bequests totalling \$458,100 were also directed to the Foundation and dedicated to the Institute's research projects. We extend our full gratitude to:

Suzanne Bellemare
Sylvie Hébert
Richard I. Kaufman



Our Dedicated Volunteers

To all those who generously give their time,
thank you for contributing to our cause.

The Foundation's volunteers

Any activity of the Montreal Heart Institute is in itself a human adventure and relies on involvement. More than a hundred volunteers worked more than 12,000 hours to support the efforts of the Foundation. To this number, we must add the volunteer work done by the members of the Board, its committees and event partners.

Suzanne Archambault
Laurent Aubin
Gilles Babin
Carmen Bau
Francine Beaupré
Claudette Bédard
Chantale Béliveau
Georges Bergeron
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Alexandra Walling

Events Volunteers

Maureen Orrico
Dany Sirois

Heart Surgery Support volunteers

The goal of these volunteers is to accompany, inform and support patients and their families the day before surgery and in the few days following the procedure in order to help reduce their anxiety.

Gaston Cossette
Claire Godard
Yves Latour
Jean-Louis Rochon
Gilles Rondeau
Gilles Spinelli

Outpatient Services volunteers

These volunteers greet, direct and accompany users arriving at the MHI's main entrance and at the Test Centre's entrance.

Nicole Beaucage
Danièle Bédard
Lily Carignan
Marguerite Drolet
Real Dubé
Suzanne Dugas
François Giroux
Constance Jalette
Juan Morales
François Pelletier
Béatrice Picard
Marie-Thérèse Pilon
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Spiritual Care Services volunteers

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Complaint Management

The Local Service Quality and Complaints Commissioner reports to the MHI Board of Directors regarding the respect of user rights and the diligent review of complaints and dissatisfaction. The commissioner receives requests from patients or their representatives, reviews them, conducts an investigation when deemed necessary and, if applicable, issues recommendations that will help improve the quality of services at the MHI. The commissioner reviewed 266 types of complaints over the year.

Number of files processed in 2014-2015 (by type)

Type	Number of files
Consultation	62
Requests for assistance	98
Interventions	15
Complaints	79
Medical complaints	12
Total	266

Reasons for complaints and requests in 2014-2015

Reasons	Number of files
Care and services delivered	55
Interpersonal relations	46
Accessibility	51
Specific rights	75
Other reasons	20
Organization of the environment	19
Financial aspect	11
Total	277

Complaint Management

(continued)

Timeframes for reviews by the complaints commissioner

1 day	204
2 to 15 days	34
16 to 30 days	9
31 to 45 days	7
45 days or more	12

Timeframes for reviews by the medical examiners

30 days or less	5
31 to 45 days	3
45 days or more	4

Follow-up: SUMMARY OF MEASURES AND/OR ACTIONS TAKEN

After each complaint is reviewed, a specific action is undertaken in line with the situation. In some cases, a corrective measure will be suggested. This was the case for 19 out of 86 complaints reviewed by the commissioner.

Summary of measures taken

Monitoring of the individual / Training / Supervision	9
Improvement in communications	2
Respect for the rights of the patient	4
Creation of a protocol	2
Change in the activities	2

For the other complaints reviewed, the commissioner undertook one or more of the following actions:

- Mediation
- Clarification
- Steps to improve quality
- General information
- Facilitation / liaison
- Help to access care or a service

Financial Statements

Statement of financial position March 31, 2015

	FUNDS OPERATING	FUNDS CAPITAL ASSET	TOTAL 2014-2015	TOTAL 2013-2014
Assets				
Cash	\$28,646,372	\$363,851	\$29,010,223	\$17,835,270
Receivables - Montreal Agency and MSSS	\$15,676,792	\$1,026,250	\$16,703,042	\$19,136,310
Receivables - Other	\$14,189,232	\$10,210,504	\$24,399,736	\$29,237,156
Interfund receivables (interfund debt payable)	(\$5,423,336)	\$5,423,336	\$0	\$0
Subsidies to be received (accounting reform)	\$9,075,092	\$10,601,796	\$19,676,888	\$18,680,058
Deferred charges related to debts		\$2,495,966	\$2,495,966	\$2,370,479
Other items	\$82,417		\$82,417	\$154,726
Total assets	\$62,246,569	\$30,121,703	\$92,368,272	\$87,413,999
Liabilities				
Temporary loans		\$4,091,019	\$4,091,019	\$11,463,902
Other payables and other expenses	\$24,447,433	\$15,713,705	\$40,161,138	\$37,676,752
Advances and payables - Montreal Agency (decentralized env.)		\$10,725,565	\$10,725,565	\$3,841,868
Accrued interest payable		\$1,030,281	\$1,030,281	\$972,605
Deferred revenues - principal and ancillary activities	\$35,452,201	\$49,379,465	\$84,831,666	\$81,163,340
Long-term debt		\$117,614,775	\$117,614,775	\$109,413,130
Liabilities for future benefits	\$12,745,026		\$12,745,026	\$12,448,987
Other items	\$146		\$146	\$59,526
Total liabilities	\$72,644,806	\$198,554,810	\$271,199,616	\$257,040,110
Net assets (NET DEBT)	(\$10,398,237)	(\$168,433,107)	(\$178,831,344)	(\$169,626,111)
Non-financial assets				
Capital assets		\$169,766,081	\$169,766,081	\$163,941,508
Inventories	\$3,452,127		\$3,452,127	\$2,840,753
Prepaid expenses	\$680,686		\$680,686	\$886,438
Total non-financial assets	\$4,132,813	\$169,766,081	\$173,898,894	\$167,668,699
Accumulated surplus (Deficit)	(\$6,265,424)	\$1,332,974	(\$4,932,450)	(\$1,957,412)

**MONTREAL
HEART INSTITUTE**

Income statement

OPERATING FUNDS (principal and ancillary activities)	TOTAL 2014-2015		TOTAL 2013-2014	
Revenues				
Subsidies from the Montreal Agency and MSSS	\$145,152,154	70.4%	\$144,128,033	68.4%
Subsidies from the Government of Canada	\$10,879,726	5.3%	\$12,120,405	5.7%
Room surcharges	\$2,291,404	1.1%	\$1,868,541	0.9%
Services rendered and cost recoveries	\$3,663,066	1.8%	\$3,907,054	1.9%
Subsidies from the FRSQ	\$1,630,510	0.8%	\$2,176,401	1.0%
Donations	\$4,316,321	2.1%	\$3,938,168	1.9%
Other revenues - Research	\$28,288,368	13.7%	\$32,799,295	15.6%
Other revenues - ÉPIC Centre	\$3,283,804	1.6%	\$3,074,296	1.5%
Medical teaching and teaching support	\$1,931,902	0.9%	\$2,264,378	1.1%
Commercial activities and other revenues	\$4,885,770	2.4%	\$4,577,644	2.2%
Total revenues	\$206,323,025	100.0%	\$210,854,215	100.0%
Expenses				
Salaries, social benefits and payroll taxes	\$118,218,974	57.5%	\$115,392,291	55.3%
Medical and surgical supplies	\$42,844,293	20.8%	\$41,728,932	20.0%
Medication	\$2,439,642	1.2%	\$2,480,760	1.2%
Blood products	\$3,188,993	1.6%	\$3,790,682	1.8%
Other expenses	\$38,960,986	18.9%	\$45,263,673	21.7%
Total expenses	\$205,652,888	100%	\$208,656,338	100%
Surplus (deficit)	\$670,137		\$2,197,877	
Internally restricted with respect to completed research projects	(\$226,260)		(\$432,414)	
Use of internally restricted resources for research projects	\$850,531		\$1,058,998	
Internally restricted with respect to the ÉPIC Centre	(\$35,812)		(\$81,005)	
Transfer of research capital assets to the capital asset fund	(\$1,078,242)		(\$2,607,835)	
Transfer of ÉPIC Centre capital assets to the capital asset fund	(\$164,081)		(\$119,990)	
Amount charged to unallocated balance of the operating fund	\$16,273		\$15,631	
CAPITAL FOUND				
Revenues by funding source				
Montreal Agency	\$0		\$143,142	
Montreal Heart Institute Foundation, research and other sources	\$4,191,451		\$4,032,305	

Volumes of activities

	TOTAL 2014-2015	TOTAL 2013-2014
Hospitalizations		
Admissions	7,681	7,525
Patient days	42,951	42,361
Day care	14,271	13,493
Average hospital stay in days	5.62	5.63
Outpatient services		
Emergency Room cases	17,131	17,405
Outpatient visits	80,972	83,178
Surgical sector		
Procedures	2,121	1,923
Cardiac surgeries	1,785	1,745
Other surgeries	336	178
Patient hours	8,371	8,014
Minimally invasive surgeries	107	122
Transplantations	12	13
Hemodynamics		
Total procedures	6,582	6,445
Therapeutic procedures	2,756	2,598
Diagnostic procedures	3,826	3,847
Peripheral hemodynamics		
Electrophysiology	2,332	2,297
Total procedures	631	617
Pacemakers	469	434
Defibrillators	603	617
Ablations	629	629
Other procedures		
Human Resources	57	60
Managerial staff - Full-time	7	10
Managerial staff - Part-time (full-time equivalent)	836	811
Regular staff - Full-time	337	330
Regular staff - Part-time (full-time equivalent)	97	169
Casual staff (full-time equivalent)	90	84
Active physicians		

Management and accountability agreement

The Executive Committee and members of the Board of Directors have been periodically examining the results of performance indicators outlined in the management and accountability agreement. These results show an overall improvement of the MHI's performance compared to last year, with the exception of the emergency department's performance indicators, which are being closely monitored.

Performance indicator	Annual target	2013-2014 result	2014-2015 result	Comparison
% of stays 24 hours or longer on a stretcher in the emergency department	20.0%	38.8%	39.1%	Stable
% of stays 48 hours or longer on a stretcher in the emergency department	0%	5.6%	6.6%	Slight decline
% of stays 48 hours or longer on a stretcher in the emergency department for patients aged 75 or older	0%	7.4%	8.3%	Slight decline
Average stay on a stretcher	12 hr.	21.1 hr.	21.5 hr.	Stable
Average stay on a stretcher for patients aged 75 or older	12 hr.	23.6 hr.	23.7 hr.	Stable
Average number of patients being processed or waiting to be evaluated/directed to long-term care or residential beds and occupying short-term care beds	3	1	1	Target met and exceeded
Average number of patients waiting to be admitted to a rehabilitation centre or long-term care (CHSLD) and occupying short-term care beds, excluding mental health	3	0	0	Target met and exceeded
Average number of patients waiting for non-institutional resources (NIR) occupying short-term care beds, excluding mental health	3	0	0	Target met and exceeded
Notification rates for accommodation in a general and specialized care hospital centre (CHSGS) and the "programme d'hébergement pour évaluation" (PHPE) for patients aged 75 or older	4.99%	1.5%	1.3%	Target met and exceeded
% of requests carried out within set wait times in hemodynamics (under 2 weeks)	100%	96%	96%	Stable
% of requests carried out within set wait times in hemodynamics (2 weeks to 2 months)	90%	90%	88%	Stable
% of requests carried out within set wait times in cardiac surgery (under 2 weeks)	100%	87%	89%	Slight improvement
% of requests carried out within set wait times in cardiac surgery (2 weeks to 3 months)	90%	77%	70%	Slight decline
% of requests in the centralized mechanism processed within set wait times for a surgery requiring hospitalization	90%	100%	100%	Target met and exceeded

Management and accountability agreement

(continued)

Performance indicator	Annual target	2013-2014 result	2014-2015 result	Comparison
% of requests carried out within set wait times in electrophysiology (under 48 hours)	100%	81%	86%	Slight improvement
% of requests carried out within set wait times in electrophysiology (48 hours to 3 months)	75%	61%	83%	Target met and exceeded (significant improvement)
Hours of overtime worked by nursing staff	6.89%	6.58%	5.95%	Target met and exceeded
Hours of overtime for all staff	4.04%	4.16%	3.90%	Target met and exceeded
Ratio of salary insurance hours versus hours worked	5.85%	5.68%	5.14%	Target met and exceeded
Rate of Clostridium difficile diarrhea	9.00	6.5	6.05	Target met and exceeded
Rate of MRSA bacteremia	0.96	0.00	0.00	Target met and exceeded
Rate of nosocomial bacteremia infection on central lines in the intensive care unit	3.15	0.70	0.00	Target met and exceeded
Compliance with the ratio of number of nurses per bed for the nosocomial infection prevention program in CHU-IU-CAU	1 nurse/100 beds	Achieved	1.33 nurse/100 beds	Target met and exceeded
Average degree of completion in carrying out the 4 steps required to eliminate grey zones in short-term care units	100%	42.9%	42.9%	Target not met
Influenza vaccination coverage targets for medical staff	60%	N/A	31%	Target not met
Number of users (doctors and nurses) able to access the DSQ visualizer in 2014-2015	150	N/A	155	Target met and exceeded

MONTREAL HEART INSTITUTE
FOUNDATION

Financial Statements

As of March 31, 2015

(In thousands of dollars)

	2015	2014
Assets		
Investment	\$131,665	\$120,438
Cash	\$1,623	\$949
Receivables	\$605	\$1,034
Inventories	\$27	\$39
Prepaid expenses	\$330	\$50
Total	\$134,250	\$122,510
Liabilities		
Payables and expenses	\$1,358	\$2,035
Total	\$1,358	\$2,035
Fund balance		
Allocated	\$121,187	\$104,894
Non-allocated	\$11,705	\$15,581
Total	\$132,892	\$120,475
	\$134,250	\$122,510

Note: Copies of the Montreal Heart Institute Foundation's financial summary are available at the following address:

The Montreal Heart Institute Foundation
5000, Bélanger Street, Montreal (Quebec) H1T 1C8

Income Statement

As of March 31, 2015

(In thousands of dollars)

	2015	2014
Donations	\$7,421	\$8,097
Fundraising activities	\$4,809	\$4,207
Bequests	\$1,131	\$1,159
Investment revenues	\$6,518	\$6,680
Variation in unrealized capital gain or loss on investment	\$5,030	\$7,331
Gross operating revenues	\$24,909	\$27,474
Direct and indirect expenses related to fundraising activities	\$3,315	\$2,927
Net operating revenues	\$21,594	\$24,547
Administrative expenses	\$1,846	\$1,735
Surplus of revenues over expenses before contributions	\$19,748	\$22,812
Contributions to the MHI - research, technological development, and other	\$7,331	\$9,072
Surplus of revenues over expenses	\$12,417	\$13,740
Start-of-year balance	\$120,475	\$106,735
End-of-year balance	\$132,892	\$120,475

Recording of contributions

In 2014-2015, the Foundation's contributions to the Institute totalled **\$7.3 million** and mainly went towards funding the MHI's research projects and the purchase of specialized equipment. These contributions are only recorded once the amounts are paid to the Institute.

Cost-efficiency measures

Thanks to sound operational management, the Foundation was able to optimize recurring administrative expenses, which represented **7.4%** of all gross operational revenues and investment revenues for the 2014-2015 fiscal year.



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Published by the Department of Communications and Marketing of the Montreal Heart Institute Foundation.

Thank you to everyone who contributed to the publication of this annual report.

The masculine gender is used in this publication without prejudice and solely to facilitate reading.

GRAPHIC DESIGNER

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KAMICASE

PHOTOS

Laurent Cayla, EPIC Centre, Montreal Heart Institute Foundation, Michel Gagné, Power Corporation of Canada, audiovisual services of the Montreal Heart Institute and Véronique Teasdale.

Legal Deposit

2nd quarter, 2015

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BN: 10183 7896 RR0001